# KAPPA ALPHA

MAGAZINE **AUTUMN 1997** 



































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The Kappa Alpha Theta Magazine (ISSN 0746-3529) is published quarterly Autumn, Winter, Spring and Summer by Kappa Alpha Theta Fraternity for Women. Postmaster: Send address changes to *The Kappa Alpha Theta Magazine*, 8740 Founders Road, Indianapolis, IN 46268. Second-class postage paid at Indianapolis, IN, and additional mailing offices. Yearly subscription \$1. Printed in the United States

SEND COPY AND CORRESPONDENCE TO: Elizabeth Rinck, Kappa Alpha Theta Fraternity, 8740 Founders Road, Indianapolis, IN 46268-1300 317-876-8593, 1-888-526-1870, ext. 150

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Asbury College (DePauw University), Greencastle, Indiana, on January 27, 1870, is the first Greek-letter fraternity known among women.

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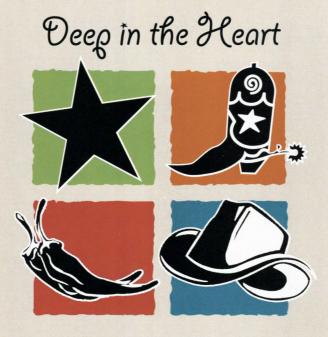
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**On the cover:** Membership badges from each of the 26 Greek women's organizations that are part of the National Panhellenic Conference (NPC). In this issue of *The Magazine*, we celebrate Kappa Alpha Theta's 95-year commitment to the NPC.

Badges courtesy of Burr, Patterson & Auld Company, Masters of Design, and J.O. Pollack Co.; photograph by Sparks Houser.

# It will be a hot time in Dallas...



KAO Grand Convention 1998 ♥ Dallas

# ...when the warmth of Theta sisterhood meets the warmth of Texas hospitality.

Join Thetas from all over the world at our 63rd Grand Convention. Rekindle old Theta friendships. Meet new Theta friends. Remember the past and make memories for the future.

Learn; laugh; love. Enjoy.

1998 Grand Convention ★ June 24 - 28 ★ The Fairmont Hotel ★ Dallas, Texas

## A Larger Sisterhood

s every Theta knows, the first women students to enroll at Indiana Asbury College faced hostility from nearly every side—from their peers, their professors, even society as a whole. When Bettie Locke, Alice Allen, Bettie Tipton, and Hannah Fitch founded Kappa Alpha Theta in 1870, they sought support, camaraderie, and understanding. They sought something at once simple and sublime: sisterhood.

At about the same time, other young women on college campuses across the country were seeking the same thing and were banding together to create their own groups. Ironically, although they were all founded in the spirit of sisterhood, there was very little sisterly feeling between these fraternities. In fact, they were in fierce rivalry with one another. According to Sixty Years in Kappa Alpha Theta, " ... to steal each other's records, to 'lift' each other's members, was a sport of college life." In the earliest editions of fraternity magazines, including The Kappa Alpha Theta Magazine, other groups were always referred to as rivals, not as contemporaries or other, more polite, terms.

The first attempt to bring the various fraternities together occurred in 1883 when officers of several groups agreed to convene a "Panhellenic Council" in Philadelphia the following year. Yet it wasn't until 1891 that delegates from Kappa Alpha Theta, Kappa Kappa Gamma, Alpha Phi, Delta Gamma, Gamma Phi Beta, Delta Delta Delta, and Pi Beta Phi met to " ... discuss methods for the betterment of fraternity conditions...." And although a congress of fraternities met at the 1893 World's Fair, another nine years passed before any further steps were taken toward panhellenism.

In the early spring of 1902, a group of Chicago Theta alumnae wrote to the grand president and requested authority to call a convention of alumnae delegates from each women's fraternity. Grand Council, again according to Sixty Years in Kappa Alpha Theta, gave enthusiastic consent. Before plans for the gathering were completed, however, Theta received from the grand president of Alpha Phi an invitation to participate in just such a meeting in Chicago.

This interfraternity conference had delegates from the same seven women's fraternities that had sent delegates to the Boston meeting 11 years before. The conference discussed rushing troubles and finally recommended a late pledge day, written invitations to membership, and privacy for all initiation ceremonies. It also attempted to define rushing and arranged for another conference to be held a year later.

This was the beginning of the organization that we know as the National Panhellenic Conference (NPC).

Today, NPC is a conference body representing 26 national/international women's fraternities and sororities. Across the US and Canada, these member groups comprise 2,920 college chapters and 18 colonies on approximately 620 college campuses, as well as 5,526 alumnae associations. The total initiated membership of NPC is more than three million women; of these, the estimated undergraduate membership is 300,000.

Each of the 26 member fraternities is represented in NPC by a delegate and three alternate delegates. These women work in assigned committees to accomplish the business and further the projects of the conference.

Many college women think NPC is simply the organization that regulates rush. Many alumnae have forgotten exactly what NPC is and what it does. Yet for the next two years, Kappa Alpha Theta will play a vital role in this conference that represents the women of the Greek world. This month, former Grand President Lissa Luton Bradford,

#### OVER THE DESKTOP

Alpha Eta/Vanderbilt, assumed the chairmanship of NPC at its annual meeting in Norfolk, Va.

Susan Stephan Holloway, Gamma Pi/
Iowa State, interviewed Bradford by telephone at her home in Nashville, Tenn.
The result of that interview, "The
Opportunity of a Lifetime," begins on
page 16. Brief profiles of Theta's alternate
NPC delegates begin on page 19. And our
Panhellenic spirit is further revealed
through an article on scholastic integrity
by Beth Kersten Saul, Alpha Epsilon Phi,
and a report on a research report commissioned by NPC and the National
Interfraternity Conference (NIC).

This issue of *The Kappa Alpha Theta Magazine* also contains the de facto debut of our newest regular feature, the alumnae-at-large page. In "My Life on Wild Pig Ridge," Theta-at-Large Patricia Anderson, Beta Iota/Colorado, shares her experiences living in a remote area of California. And medical student Kristen A. Carter, Beta Xi/UCLA, offers some thought-provoking information about hormone-replacement therapy on page 32.

I know that I don't often think about NPC and its relationship with Theta. Yet the panhellenic movement has played a large role in my life and, I suspect, in the lives of many other Thetas. Theta has given me congenial coworkers and dear friends. At the same time, women from other Greek groups are very important in my life. My mother is a Tri-Delt. My mother-in-law is a Phi Mu. My oldest friend (We met in first grade.) is an Alpha Chi. And I have other friends who are members of Kappa, Pi Phi, and Chi Omega. It is both a pleasure and a privilege to be a part of this larger panhellenic sisterhood.

Loyally,

Ling appel Rinch

Liz Appel Rinck, Gamma/Butler Editor

#### **CORRECTIONS**

- In the Rush Personnel Directory (*The Magazine*, Spring 1997) the RRBC for Independence, Kan., was incorrectly identified. References for women from that city should be sent to Ann Wilkin Crow, 2724 Country Club Circle, Independence, KS 67301, 316-331-2603.
- In the Summer 1997 issue, an initiation photo from Alpha Chapter at DePauw identified Libby Emison as Karyn Emison and vice verse.

#### **MISSION STATEMENT**

The Kappa Alpha Theta Magazine will serve as an enduring link between the International Fraternity and its members. The Magazine will educate, update, and entertain readers about the Fraternity and its college chapters and alumnae groups.

#### **LETTERS**

Executive Director Appointed

Grand Council of Kappa Alpha Theta proudly announces the appointment of Elizabeth A. Sierk, Beta Omicron/Iowa, to the position of executive director of the Fraternity. "The Fraternity is most fortunate to have as our new executive director someone with Betsy's varied and extensive Fraternity experience," says Helen E. Woodward, international president. "She brings to this position not only her knowledge and extensive background in Fraternity operations but also a wonderful working relationship with the Headquarters staff. This relationship is paramount to the smooth running of Headquarters and ultimately affects our volunteers who are dependent upon the staff in so many ways."

Sierk has been a member of Kappa Alpha Theta's professional staff since 1983. Since March of this year, she has served with distinction as interim executive director. Her previous experience with the Fraternity includes two years as director of finance, nine years as director of chapter services, two years as executive assistant, and a year as chapter consultant. She has been instrumental in managing and developing member programs and services for 124 college chapters, advisory boards, and facility corporations, as well as for 282 alumnae groups throughout the US and Canada. Sierk has also played a vital

#### MOVING? NEW PHONE? NAME CHANGE?

This year KAO will spend more than \$6,000 to receive address corrections from the US Postal Service!

If you have a change, please let Theta know!

You may call, write, or E-mail:

KA⊕ Headquarters 8740 Founders Rd., Indianapolis, IN 46268

317.876.1870 1.800.526.1870 E-mail brenda@thetahq.org role in developing and implementing Theta's first organizational strategic plan and in reorganizing and rebuilding the Fraternity's corporate culture.

Sierk's involvement with Theta extends beyond the professional. Her volunteer experience includes serving as a college chapter adviser at DePauw and as a CASA (Court Appointed Special Advocate) for abused and neglected children. Sierk's other volunteer experiences include the Junior League of Indianapolis and the PEO of Iowa City, Iowa. She serves on the National Leadership Education committee of Theta Chi Fraternity and is a member of the Fraternity Executives Association (FEA).

LeaderShape Experience

After returning from an exciting and challenging week at the LeaderShape Institute, I wanted to thank the Foundation for giving me such a wonderful opportunity. I'd heard great things about LeaderShape but didn't realize what a tremendous gift I had been given until I arrived in Champaign, Ill., and began the LeaderShape experience.

A facilitator told me at the beginning of the week that her LeaderShape experience had changed her life. I smiled, nodded my head, and—to be perfectly honest—wondered who this woman was and what I had gotten myself into.

She was right. LeaderShape was a life-changing, life-enhancing *experience*. I highlight the word experience because it is something very difficult to put into words.

"Each day is a new beginning....
Another chance to learn more about ourselves, to care more about others, to laugh more than we did, to accomplish more than we thought we could, to be more than we were before." I am making LeaderShape my new beginning. Thank you again for giving me the chance to learn more about myself, to care more about others, to accomplish more than I thought I could, and to be more than I was before.

AMBER JO OSNES RHO/NEBRASKA

#### For a Lifetime

I never dreamed that my Theta experience would be so long-lasting and so important to me! I recently was able to spend a day with a sorority sister from

Northwestern University. She and I had not seen each other for 68 years

I had resumed a written correspondence with Vicktoria Bodorff Foster, of Pensacola, Fla., about three years ago, after I spotted her name and address in the Theta directory. At Northwestern, we had not been extremely close, having different activities and friends. We kept in touch for a few years, and then drifted apart. But our resumed letter writing was wonderful, and neither of us dared dream that we would actually get together after all these years.

When Vicktoria travelled to California to visit one of her daughters, she called to see if we could together. A family member drove me to meet with her, and we enjoyed lunch and the best-ever chat, spanning all the years from 1928. So much catching up to do!

The restaurant personnel were caught up in the occasion and allowed us to stay for the afternoon and visit uninterrupted. My granddaughter and Vick's daughter sat at a nearby table and let us talk without having to explain to them what or who we were talking about. It was wonderful and so satisfying!

I thought you might be interested in the culmination of many years as Thetas. The experience was priceless! Lois C. Jewett Tau/Northwestern

North Dakota Flooding

I had been following the story of the "flood of the century" on the news practically since day one. And when I saw on the Theta website that the Alpha Pi Chapter facility had been damaged, I just wanted to help! I know my donation isn't much, but every little bit helps!

I was initiated into the Epsilon Pi chapter at Bucknell University in 1994. I don't know I would have done without my Theta sisters! And now that I've graduated and started working, it's amazing how often I run into other Theta alumnae.

Sisterhood in Theta is not just while you're in school or just with those sisters from your chapter. Good luck with the Alpha Pi house and to those whose homes were also damaged.

KYLE ELISABETH SMITH EPSILON PI/ BUCKNELL

Letters to The Kappa Alpha Theta Magazine may be edited for length.

#### **FRATERNITY**

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FOR REUNIONS, NEWSLETTERS, ETC. 1-888-526-1870, ext. 107; gretchen@thetahq.org

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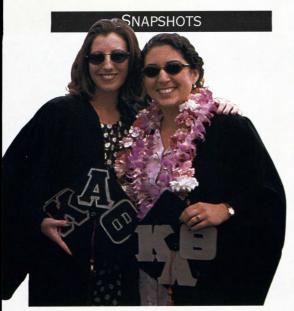
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# Help US Help You

Most members already realize that International Headquarters is a source for such things as letter of reference forms and address lists. You may not be aware, however, that you can also call Headquarters to order official jewelry, get information about applying for scholarships, or find out more about CASA.

To help you have easier access to the information you need, we have compiled a list of Theta services, along with a direct phone number and E-mail address to use when you need those services.

Please clip for future reference



**Nicole Estrin** and **Yolanda Rodriguez,** both members of ZP/**UCSD**, showed their Theta pride by wearing their letters atop their mortar boards during graduation ceremonies this spring.



Amanda Pierce, Barbara McAteer, and Jennifer Anderson, members of BE/Oregon State, spent time together in Paris during their studies abroad.



The Battery of Charleston, SC, was a perfect setting for a reunion of some EП/Bucknell graduates this summer. Front: Kyle Smith, Katie Serenbetz, Lauren Gagliardi, and Kim Harwood. Back: Sarah DiFilippo and Carol McLaughlin.



Sisters, sisters, sisters! These three sets of twins are all members of Kappa Chapter at the University of Kansas. Pictured are: Mallory Chain, Megan Chain, Carmody Alston, Michelle Alston, Beth Hinton, and Carrie Hinton.



The AT/Cincinnati Thetas' booth was very well-received at the University of Cincinnati's Annual Worldfest. Pictured are: Leslie Lantz, Beth Ramsey, Maggie Mills, Jessica Apgar, Karrie Barnes, Brandee Hones, Cara Hilt, and Lea Cook.



Members of the  $\Gamma\Delta$ /**Georgia** 1983 pledge class posed in front of the famous UGA arch during Gamma Delta's 60th Anniversary celebration.



Six members of the Nu
Chapter at Hanover studied tropical biology in
Belize and Guatemala.
Laurie Bay, Ann Lee
Maude, Ashley O'Bannon,
Abby Brinkman, Tracy
Bottorff, and Amy Ruxer
pose atop a temple in
Tikal, Guatemala.



Reaching for the stars, members of the Delta Chapter at Illinois enjoyed wall climbing during their annual sisterhood retreat. The event takes place each fall and consists of trust games, group activities, and firesides to bring the new member class closer to one another.



Members of the **Denver Alumnae** Chapter helped build four homes in Habitat for Humanity's Summer Build '97 project. Back row: Deb Smith, T/Northwestern; Tom Price: Gloria Siekmeier, AP/South Dakota; Heather Knop, AE/Arizona State; and Jill Pedicord, BΓ/Colorado State; second row: Michele Grimmett, B⊖/Idaho: Jane Dotson, AO/Oklahoma; Susan Sparkman,  $\Delta\Omega$ /Texas A&M; front row: Stacy Hayes, P/Nebraska; Amy Galan,  $\Delta\Omega$ /Texas A&M; Alison Vanos, Г∆/Georgia; and Cathy Price, BI/Colorado strike a pose.



Members of the Washington D.C./Suburban Maryland and Northern Virginia Alumnae chapters participated in the 1997 National Race for the Cure.



These members of the Seattle Alumnae Chapter enjoyed a ladies day outing this spring as they toured the Rosalie Whyel Museum of Doll Art in Bellevue, Wash. Pictured are: Coreen Zoffel, AA/Washington; Janet Wozniak,  $A\Sigma$ /Wash. State; Patricia Gouge, AN/Montana; Margaret McEachern, AΣ/Wash. State; Marian Short, A/DePauw; Ginny Sundt,  $\Gamma\Sigma$ /San Diego; Stacie Dietsch-Becker,  $\Delta I$ /Puget Sound;







Theta participants in the July 1-6 session of the LeaderShape Institute posed on the steps of Allerton Mansion. Back row: Tara Dragon, BX/Alberta; Stephanie Lo, Γ/Butler; Nikki Letawsky, BX/Alberta; Courtney Skapik, ΓΥ/Miami University; Mary Curry, BO/Iowa; front row: Amy Rush, ZΛ/Col. of Charleston; Tiffany Leger, ZΘ/Cal-Poly; Kandi Kilbride, ΔΚ/LSU; and Jen Johnson, Υ/Minnesota.



These Thetas discovered more than a foreign land while they traveled to England; they discovered they had a Theta connection. Back: Nancy Flory Hankamer,  $\Gamma\Psi$ /TCU; Pat Flory Camp,  $\Gamma\Psi$ /TCU; Beatrice Sandahl Hummel,  $\Gamma K$ /George Washington; front: Mary Ziegler Stewart,  $\Gamma^{\Delta}$ /Ohio Wesleyan.



Peggy Post, ΔK/Louisana State, author of the 75th Anniversary Edition of the Book of Etiquette, met with Joan Schuchs Couch, ΔK/Louisiana State, Chan Chandler, ΔK/Louisiana State, and Kathleen Carter Livingston, AΘ/Texas, during a recent book signing tour in Dallas, Texas.



Thetas from the **Beta Rho Chapter** at **Duke** smiled after the wedding of **Suzanne Fisher Long** in Sun Valley, CA. Pictured are: **Anne Robinson, Lessie Arnold, Jenny Cies,** Suzanne Fisher Long, **Keira McGovern,** and **Katherine Robinson.** 



These members of the Beta
Chapter of Indiana University
gathered in Columbus, Ohio,
to celebrate the wedding of
Lynne Becher Bir. Front row:
Lynne Becher Bir, Susie
Sproat, Julie Chickendantz
Risley, Tracy Arendt Burke.
Second row: Kate Massa
Bowers, Michele Picchi
Cohen, Jill Stewart Waibel.
Third row: Lisa Lindsay Brnjac,
Cathy Lowman Ventresca.
Fourth row: Kelly Kindl Snead,
Megan Coyle Stamos.



Several Thetas from ZA/Charleston attended Angela Sanders Smoak's wedding. Back row: Sara Wujcik, Alicia Chandler, Amy Carson, Dawn Rooke, Tricia Mixon Cave, Sally McDowell, Cara Panigutti, Shari Chapman, and Marlo Mahoney. Front: Jennifer Van Culin, Teresa Lee Mundy, Missy King, Nicole Ayers, Angela Sanders Smoak, Rebecca Thrower, Kristen Lamb, Elizabeth Jordan Supan, and Jennifer Shepherd Naley.

JENNY ST. JOHN,
P/NEBRASKA, was
recently named
vice-president of
external affairs at
Thunderbird, The
American Graduate
School of
International

Management in Glendale, Ariz. In this new position, St. John will be responsible for all development, public affairs, alumni, and communications efforts of the school.

Staples Holdings Limited, the Bermudabased holding company for Staples Ltd. and Atlantic Medical International has named **JOAN TONNING HUG**, ΔΠ/**TENNESSEE**, as its president. Prior to

ΔΠ/TENNESSEE, as its president. Prior to this promotion, Hug was the vice-president of sales and marketing for Pearman, Watlington & Co., Ltd.

PAULETTE
MITCHELL,
BO/Iowa,
announces
her fifth
cookbook,
The 15Minute
Chicken
Gourmet, recently

published by Macmillan Publishing. Mitchell is one of the country's recognized experts on quick-to-prepare, healthful cuisine with a gourmet flair.

Award-winning watercolorist Jane Musselman Mason, P/Nebraska, has recently introduced a new line of notecards. Using transparent watercolors, Mason has depicted floral still lifes and scenes of intensely colored tulips. For more information, call 314-965-4590.

During the Dayton Alumnae Chapter Founders Day celebration, TRICIA MURPHY, AH/VANDERBILT, was the proud recipient of the Twin Star Award which is given each year to an outstanding member of that chapter.

SHERILL KELLAM BROWN,  $\Delta\Sigma$ /BALL STATE, was recently selected as a 1997 state finalist for the Presidential Award for Excellence in Science and Mathematics Teaching, elementary math teaching catagory. Brown is a fourth-grade teacher at Triton Elementary School in Shelbyville, Ind.

The Old Barracks Association honored Nancy Bingham Gay,

BH/PENNSYLVANIA, as the recipient of the Oliphant Award at the Trenton, NJ, Country Club. The award, named for the founder of the Association, is given annually to a woman who has exhibited outstanding service in history or historic preservation.

Professor MARCIA GROSSE WELSH, BF/COLORADO STATE, has recently been named graduate school dean at the University of South Carolina. Welsh made history in 1992 when she became the first woman elected chair of the faculty senate on the Columbia campus.

MARILYN MOORE, AM/MISSOURI, announces the publication of A Wooden Spoon Baking Memoir: Apple-Butter Muffins, Shoofly Pie and Other Amish and Mennonite Favorites by the Atlantic Monthly Press. This is Moore's sixth book in the Wooden Spoon Series of cookbooks.

JEANNE MILLIKEN
BONDS, ΔΞ/UNCCHAPEL HILL, has been selected for the prestigious
Toll Fellowship
Program sponsored by the Council of State Governments.
Bonds is one of 40

emerging state leaders from across the nation selected this year. She is also currently serving a four-year term as mayor pro-tem in Knightsdale, NC.

CAROL TRIMMER, AX/PURDUE, was recently selected to serve the Ball State Greek community as the president of the Greek Advisors Council. Trimmer has served on the GAC for many years and has been "one of the most committed alumnae members of the council," according to Stephen Rupprecht, former assistant director of leadership and service programs at Ball State.

LISA TOSCANO BEVERE, BA/ARIZONA, is the author of *Out of Control and Loving It!*, a bestseller in the Christian market. She is a frequent guest on radio and television broadcasts and is a speaker for retreats and women's conferences. Bevere's second book, *The True Measure of a Woman*, was released in

September. For more information, contact Bevere at 1-800-696-3357.

SUE LAFFAN
THOMPSON, ΓΜ/
MARYLAND, president of the
Washington,
DC/Suburban
Maryland
Alumnae
Chapter, was
one of the 1,500
riders who participated in the
four day, 350 mile
WASHINGTON DC
AIDS RIDE from Raleigh,

NC, to Washington, DC. The riders were encouraged to be creative and display some "helmet art." Sue chose to put the Greek letters on her helmet.

The Theta Capitol Network was launched at a meeting held in Washington, DC, on August 19, 1997. The founders of the network, AMY R. HAMMER, ΓΦ/TEXAS TECH, DIANE L. PRATT, BA/WILLIAM & MARY, SUSAN EADS ROLE, N/HANOVER, NICOLE FOUGEROUSSE SCHULTZ, AΘ/TEXAS, KOURTNEY SPENCER, AO/OKLAHOMA, and TRICIA STOLFI, FZ/CONNECTICUT. are planning the group's first event for later this year. The network was founded for those Thetas who have an interest in governmental affairs, especially the work of the US Congress. Initially, the network anticipates holding up to four events per year at which the women can become better acquainted and serve as resources for one another in their professional work, including job searches, in the nation's capitol. Any Theta in the Washington, DC, area who is interested in participating should forward her name, E-mail address, and home, office, and fax number to Role (E-mail: susan.role@mail.house.gov; address: 520 "E" Street, NE, #303, Washington, D.C. 20002-5247; home telephone: 202-547-4678).

ELIZABETH LEIGHT QUICK, BP/DUKE, a lawyer with Womble Carlyle Sandridge & Rice, has been elected president of the North Carolina Bar Association. She is the association's 103rd president and the second woman to hold the position. Quick concentrates her law practice on estate planning, trusts and estates.

#### **Extension: The Search for Theta Gold**

ROLL

n the Summer 1996 issue of *The* Kappa Alpha Theta Magazine, we announced the opening of the Zeta Chi Chapter at Johns Hopkins. In the past several years, we have also opened new chapters at Pepperdine, University of Texas at Dallas, Delaware, Ohio Northern, and Harvard.

We often receive questions about how campuses are selected for new EXTENSION Kappa Alpha Theta chapters. The IS THE PROCESS Fraternity opens chapters on cam-**OF ADDING MORE** puses with high **CHAPTERS TO THE** academic standards and seeks a FRATERNITY'S broad geographic representation. The interest and location of our alumnae members are also factors in campus consideration. The presence of a nearby college chapter stimulates and enhances the alumnae fraternity experience.

Young women in the 1990s have the same basic needs and desires as our Founders 127 years ago. However, many of these women are looking beyond the immediate benefits of Fraternity membership. Today's pragmatic young women are also looking ahead to potential alumnae friendships and social and career connections. They are anticipating a mobile society with probable relocation from job to job and city to city.

Historically, colonization has been a mystery for most Thetas. Following are answers to commonly asked questions.

#### **O** WHAT DO THE TERMS EXTENSION, COLONIZATION, AND RECOLONIZATION MEAN?

A Extension is the process of adding more chapters to the Fraternity's roll. A charter is extended to a colony of new members.

Colonization is the method by which

By Kathy Bennett Tonkel, H/Michigan, VP Development, & Carol Olson Larsen, N/North Dakota State, Director of Extension

a new Theta chapter is established on a campus. A newly colonized chapter assumes the next available chapter name: for instance, Zeta Psi will be the name of our next new chapter. Every chapter, active or disestablished, retains the chapter's name.

Recolonization is the reestablishment of a Theta chapter (with its original chapter name) on a campus where the original chapter left the campus.

O WHICH FRATERNITY OFFI-CERS AND STAFF MEMBERS ARE RESPON-SIBLE FOR COLONIZA-TIONS?

A Vice-President Development Kathy Tonkel and her committee. Carol Larsen, director of extension, and Marilyn Huseby, director of special projects, manage colonization for Kappa Alpha Theta. Carol McLaughlin, assistant director of chapter services. provides professional staff assistance.

#### **O** Who decides where we colonize?

A The Development Committee gathers information, reviews and assesses colonization opportunities, and makes committee recommendations to Grand Council. Grand Council has final approval over the selection of colonization sites for the Fraternity.

#### **O** WHAT IS THE CRITERIA FOR SELECT-ING A CAMPUS FOR COLONIZATION?

A The Development Committee has developed a comprehensive and objective criteria-based process for evaluating each opportunity. The most important factor is academic standing. Other criteria include geographic location of the campus, student population, existence or non-existence of sororities on campus, the availability of local alumnae support for advisory boards and facility corporations, demographics, and the potential for success.

O HOW OFTEN DO WE SAY NO? A Unfortunately, we receive many more invitations than we can accept. In recent years, the Fraternity has colonized on one or two campuses annually. We do, however, consider every invitation carefully and make an effort to select those opportunities that are currently consistent with our criteria and resources.

#### **Q** What support does a new **COLONY RECEIVE?**

A Theta has a long tradition of providing extensive support to new colonies. We have never lost a colony throughout our 127-year history! An educational leadership consultant is based on campus with a new chapter for one year. In addition, other ELCs and program specialists make special visits to the new chapter. A local advisory board and a local facility board (for both housed and unhoused chapters) are established for every new colony. Special Fraternity assistance is provided in welcoming the new chapter with participation in Conventions, leadership conferences, and other Kappa Alpha Theta events.

#### **Q** WHAT CAN I DO IF I HAVE A SPECIAL INTEREST IN HAVING KAPPA ALPHA THETA ON A CAMPUS?

A NPC guidelines provide for orderly extension procedures. Kappa Alpha Theta may express an interest in colonization by writing to the college or university. However, no contact with students may be initiated by the Fraternity unless the campus is officially open for extension.

Alumnae opinions and input are always appreciated and help us respond when opportunities arise. When a local sorority or group of women expresses interest in affiliating with an NPC group, we can respond quickly in accordance with NPC guidelines.

You may advise the Fraternity of your interest, and your recommendations will be carefully considered. You may contact Carol McLaughlin (1-888-526-1870, ext. 102; carolm@thetahq.org) or Carol Larsen (1-888-526-1870, ext. 313). We want to hear from you!

O CAN MY DAUGHTER START A CHAPTER

#### ON HER CAMPUS? WHAT SHOULD SHE DO?

A Each campus situation is different. You should contact Theta on her behalf, and we will advise you about what is appropriate within NPC guidelines.

#### Q WHY ISN'T THETA AT THE COLLEGE THAT MY DAUGHTER AND ALL OF HER FRIENDS ARE PLANNING TO ATTEND?

A This is a difficult question to answer. It may be that we were never invited. It may be that we were unable to extend at the time her college was offering extension opportunities. However, you may advise us of the colleges and universities we should be considering by completing the questionnaire following this article.

#### Q How does a local sorority become a Theta chapter?

**A** Theta does accept local sororities as colonies. However, the process differs depending on the local situation. Again, we follow NPC guidelines.

#### **Q** What does NPC have to do with colonization processes?

A In order to assure fair and orderly extension procedures, guidelines have been established and agreed upon by all NPC sororities. Kappa Alpha Theta carefully follows those guidelines and cooperates fully with both the local college administration and NPC.

#### Q How are new members chosen for a colony?

A Colony new members may be members of a local sorority seeking international affiliation, or new members may be selected by a Fraternity team of officers participating in a recruitment effort on a campus. Sometimes Theta is the only

group colonizing on a campus; sometimes Theta participates in a multiple colonization in concert with other NPC groups.

#### Q WHY DO WE COLONIZE NEW CHAP-TERS WHEN WE HAVE SOME OTHER CHAPTERS CLOSING?

A Fortunately, the number of closed chapters is minimal. It is important to know that the Fraternity is continually monitoring for opportunities to reestablish closed chapters. It is also important to remember that we must wait for an invitation from the college or university to reestablish a chapter. In the interim, there continue to be wonderful colonization opportunities.

#### **Q** Do we ever have a chance to reestablish a closed chapter?

A Yes, and we have done so. However, this is entirely dependent on the campus situation. According to NPC guidelines, the invitation for recolonization must come from the Panhellenic.

#### Q HOW DOES THE FRATERNITY KNOW WHAT THE GENERAL MEMBERSHIP THINKS WHEN WE CONSIDER AN EXTEN-SION OPPORTUNITY?

A We ask! When we receive an inquiry, we poll our Fraternity officers. If a campus situation appears promising, we will contact local alumnae within a 60-mile radius. The purpose of that communication is to determine the level of local interest and commitment to supporting a new chapter. Local area alumnae chapters and clubs are contacted to provide input. Finally, we are asking you to share your opinions in the following questionnaire, and we will use them as a future reference.

#### **Q** How important are alumnae in establishing a new chapter?

A Extremely important.

We need local support for a new chapter: We need advisers, facility board members, mentors, big sisters, alumnae chapter and club support, and assistance with chapter installation and new member initiations.

We need you!

# **Q** WHAT HAPPENS IF THERE ARE NOT ENOUGH THETA ALUMNAE IN THE AREA OF A NEW CHAPTER?

A Our laws allow for the initiation of non-affiliated college women who are interested in serving a local chapter as advisers and supporters. On occasion, Theta has used this alternative successfully in order to assist a new chapter.

#### Q WHEN A LOCAL SORORITY BECOMES A KAPPA ALPHA THETA CHAPTER, WHAT HAPPENS TO THE ALUMNAE OF THE LOCAL SORORITY?

A The local sorority alumnae are eligible for initiation into Kappa Alpha Theta during a period of one year from the date of the new chapter's installation. They may be initiated at any collegiate Theta chapter.

In order for Kappa Alpha Theta to continue to grow and be a leader in the Greek world, we need to be flexible and look toward the future. We must be willing to carefully consider a variety of campuses as we enter the 21st century. There may be Theta gold in unexpected places!

To assist the Development Committee with colonization, please complete and return the questionnaire on page 14.

Nominations for the 1998 Spirit of Philanthropy Award are now being considered. Nominees should have demonstrated outstanding service and commitment to the spirit of philanthropy by their participation in community college/university, and other fund-raising or service activities and/or projects. Nominees must be members in good standing of Kappa Alpha Theta. The award will be presented at Convention 1998 in Dallas.

The recipient of the award does not have to be in attendance.

For more information, contact the Foundation 1-800-526-1870, ext. 119, or E-mail nancy@thetahq.org



#### Tell Us What You Think

• Kappa Alpha Theta Questionnaire •

The Fraternity is actively researching colonization options. We would appreciate your input. Please take a few minutes to complete this questionnaire and return it to Fraternity Headquarters:

Carol McLaughlin, KAΘ Fraternity 8740 Founders Rd., Indianapolis, IN 46268 E-mail carolm@thetahq.org

1 What colleges and universities without Theta chapters are young women (your daughters, sisters, relatives, friends, daughters of friends) attending? Please list as many schools as you can.

_	
_	
_	
2	What factors do you think are important in choosing colonization sites?
_	
_	
_	
_	

cility corporation board in an area with few Theta alumnae?
Please share <i>any</i> experiences that you may have had with slonies. We can certainly learn from our history!
Does (or did) your Theta chapter have a □ house □ suite □ lodge?
Did (or do) you live in your chapter facility? ☐ yes ☐ no
What do you see as the pros and cons of housed chapters versus on-housed chapters?

Thank you for your help! We want our extension efforts to reflect our members' views. Feel free to contact Carol Larsen (1-888-526-1870, ext. 313) or Carol McLaughlin (1-888-526-1870, ext. 102) at any time with ideas, good campus prospects, etc. We are bound by NPC Guidelines and cannot actively approach campuses, but with your help, we can be prepared when opportunities arise.

# The Smartest Way to Get a Better Job • A Special Offer for KAO members! FREE DOWNLOAD:

A complete version of Pacifica Professional WebResume (*retail value:* \$50), the first all-in-one tool to create and publish résumés on the web. The program creates and publishes a professional résumé and instantly submits it to leading national career sites and hundreds of professional recruiters.

#### www.careersteps.com/KappaAlphaTheta

Optional internet publishing services are available



## Thetas On-Line: Website Development Procedures

ust a few years ago, only a smattering of people in government and education had even heard of the World Wide Web or the Internet. Today the Web is an inescapable part of everyday life. And there are those who believe that it will do everything from revolutionizing communications to helping users cure the common cold.

As a Fraternity of Firsts, Kappa Alpha Theta lost no time in becoming part of this exploding technology. Our website, www.thetahq.org, has been on-line since August 1996. In addition, many of our alumnae groups and college chapters have their own sites.

This is the first edition of a new regular feature of *The Kappa Alpha Theta Magazine*.

"Site to See" will help members keep up-to-date, not just with our site, but also with broader Internet issues.

In this first "Site to See," we offer a series of website guidelines that are designed to help our chapters and clubs create and maintain their own sites. In the future, we also plan to offer a "template" that may be used as a framework for Theta sites.

#### WHY IS IT NECESSARY FOR CHAPTERS TO ADHERE TO FRATERNITY WEBSITE GUIDELINES?

These guidelines were developed to help each chapter ensure that its image is in line with the ideals and standards of Kappa Alpha Theta and to ensure a positive image of the chapter's location (college, university, or community). By asking chapters to follow its guidelines, the Fraternity can better ensure a consistent image; help chapters adhere to Fraternity policies regarding publicity and the printed word; and help chapters abide by campus Panhellenic rules, university policies, and all applicable laws (federal, state, provincial, and local).

Appropriateness of website content is the responsibility of the individual chapter or club, but it will be monitored by the Fraternity on a regular basis and is subject to the approval of the Fraternity.

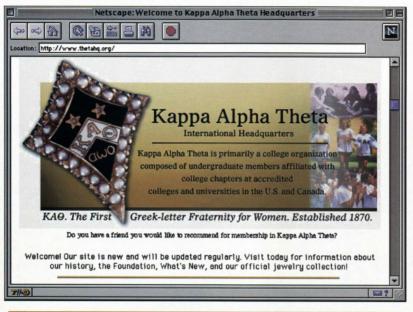
#### WEBSITE SET-UP REQUIREMENTS

For the protection of each chapter and its members, all agreements and contracts with private website designers or providers should be reviewed by an attorney before they are signed.

Each website should be registered with the Fraternity (contact info@thetahq.org with the address) prior to the site's activation.

#### WEBSITE CONTENT SUGGESTIONS

Before creating a site, it is important to understand your goals in wanting one. A website provides an opportunity for you to educate potential members and others about your Fraternity and your chapter. You may want to include, for example, general information about Theta, lists of chapter or Fraternity events, a history of your chapter or facility, and lists of famous Thetas from your own and other chapters. Other ideas include publicizing scholarship winners from your chapter, your service projects, and your campus involvement.



KAΘ's website may be easily accessed at www.thetahq.org

On your chapter's or club's site, you are encouraged to include E-mail addresses that will allow visitors to submit comments, questions, and suggestions. You will want to provide regular updates, not only to keep your site interesting, but also to make sure that all information is timely and correct.

You are urged to provide links to the Fraternity's site (www.thetahq.org), National CASA (www.nationalcasa.org/support.htm), other philanthropic organizations with which you are involved, and other Theta chapters and clubs. College chapters are encouraged to link with their university or college. You may want to provide links to other Greek organizations, but only if they meet the guidelines of

Kappa Alpha Theta. Specifically, chapters or clubs should not link with other Greek organizations whose sites depict alcohol, paddles, or inappropriate behavior.

#### WEBSITE CONTENT PROHIBITIONS

No product endorsements or other personal/commercial advertisements may be included on a Theta site unless they have been approved by the Fraternity. Requests may be submitted to Fraternity Headquarters.

To protect privacy and safety, personal information about members, including names, addresses, and phone numbers, may not be posted on the site without the members' written consent.

Copyrighted material from other sources or trademarks owned by third parties cannot be used without authorization from the copyright or trademark owner.

Information about Fraternity ritual, including photographs of paraphernalia; chapter composites; specifics regarding time and location of chapter events; and chapter house/facility address and phone number may not be included on a Theta site.

Confidential Fraternity, internal association, or chapter matters may not be addressed on the website.

It is strongly recommended that electronic "chain letters" not be posted on a Theta site or forwarded by E-mail. Many such letters are vehicles for computer viruses.

Remember, information published on the Internet is not confidential and may be accessed by *anyone*. Keep the material in good taste, and make sure it represents your chapter or club and Kappa Alpha Theta well.

If you have any questions about setting up a website or any questions or comments about these guidelines, please direct them to ansley@thetahq.org.

No one is sure exactly how many people access the Internet via the World Wide Web each day, and no one is sure exactly how this technology will evolve. The World Wide Web is a great communications tool. It can be used for marketing, recruiting, research, and education. The possibilities are endless!

# The Opportunity of a Lifetime



For Theta and
the Greek World,
Lissa Luton Bradford
Is Making a Difference

In the year ahead, Lissa Luton Bradford, Alpha Eta/Vanderbilt, is looking forward to a sixtieth birthday trip with longtime friends, visits to grandchildren, and some golfing, but she's not exactly planning to kick back. In fact, the former Kappa Alpha Theta grand president is gearing up to make Theta history.

When Bradford began her twoyear term as chairman of the National Panhellenic Conference (NPC) this month, it marked only the third time Theta has served in that capacity.\* Because NPC executive offices are held by representatives of its 26 member groups on a rotating basis, it has been nearly fifty years since Theta last held the chairmanship.

For Bradford, as well as for Kappa Alpha Theta, it's the opportunity of a lifetime.

"I've spent a lot of time learning and gathering experience through Theta and NPC. This is an opportunity to put it all together to influence the organization that means so much to me," says Bradford. "It's also Theta's turn to take a leadership role, to advance NPC and help make it better than it was when it was given to us."

Now, in addition to representing the Fraternity, Bradford will be representing "the women's half of the Greek world." This involves visiting and speaking at campuses; interacting with college and alumnae Panhellenics, as well as university administrators; dealing with hot issues, such as substancefree fraternity housing; and acting as spokesperson for the Conference membership. "If the media wants to know what national sorority opinion is, they call the chairman of NPC," explains Bradford. "I'll be on call to relate to others-mostly nonmemberswhat national women's fraternities are all about."

That is a task dear to Bradford, reflecting her long-held passion for the value of the Greek experi-

By Susan Stephan Holloway, □□ Figure 1 To The State ence. "I have a strong belief that our organizations are very worth-while and that no other kinds of organizations can do quite what we do in providing a real feeling of caring about people. I believe with all my heart that our reason for being is very important."

Bradford's genuine enthusiasm springs from her own experiences, and began when she was a collegiate member of Alpha Eta Chapter at Vanderbilt University. After graduating Phi Beta Kappa in 1959, Bradford moved from teaching to marriage and family (husband Bill and daughters Lissa and Lil), and her volunteer career thrived. Theta became the primary beneficiary of her time and talent at the local, regional, and national levels.

As a member of Kappa Alpha Theta's Grand Council during the 1970s, Bradford traveled frequently with then-NPC-delegate Ellen Bowers Hofstead, another former Theta grand president from Nashville, who helped her begin to develop an appreciation for the Conference. "Ellen was my mentor," Bradford says. "Through her, I began to understand what NPC was all about even before I became involved.

"One thing I learned is that almost every one of the 26 member groups has its Ellen Hofsteads, outstanding women who come to NPC and stay and really embellish the organization through their leadership. You sit at the feet of these women who have lived these experiences and you learn, and you don't care what their badges look like."

When Bradford became grand president in 1980, her first NPC service gave her the opportunity to fully comprehend the breadth of the Greek experience and the opportunities to have a larger impact. "When I got together with the other national presidents, we realized that we all had the same kind of dreams for our own organizations. It was like light bulbs going off in our heads as we realized how much we could accomplish by sharing."

Sharing is a theme that

Bradford plans to carry throughout her term as chairman. She believes that sharing commitment and supporting decisions is the basis for NPC's effectiveness. "The NPC structure provides an effective way for leaders of women's fraternities to take unified positions and take action. Our network enables each group to channel decisions through its organization and implement it on college campuses. Whether it's no-frills rush or substance-free housing, we can get things done. NPC doesn't have standards other than unanimous agreements, but there's an expectation that members will rise to the occasion, to do their best and support each other. It's not about rules and regulations, but respect."

Raising the standards of all member groups has continued to be one of the 95-year-old Conference's "reasons for being," even while much else about the Greek system has changed. "The biggest change I've seen, of course, was in the '60s and '70s when there was a demand for independence from students and the giving up of in loco parentis by schools," says Bradford. "That's when Greek groups needed to be much more involved. with alumni taking leadership roles. Women's groups understood this and still do. After a period in the '80s when the big issue was Whose chapters are they, the schools' or the national organizations'?, there has developed an acceptance that the chapters belong to both. They are the schools' students and the organizations' members, and each cares about them."

As institutions of higher education once again seek more student involvement, Bradford says it is an appropriate time for Greek groups to take the lead. For example, she explains, "Many campuses now are requiring students to be involved in community service. Greek organizations have always asked this of their members."

Bradford believes that NPC has been successful in taking a more

aggressive approach, noting that through NPC, the national women's fraternity presidents recently agreed on a standards document, which provides leadership in fulfilling missions that are compatible with universities.

The beginning of a new rotation of executive officers has provided added momentum to NPC's more assertive efforts and Bradford is eager to persist with the work of her predecessor, Jean Scott of Pi Beta Phi. "I want to continue to advance, rather than react. We've moved forward tremendously in the area of promoting the positive aspects of women's fraternities."

Bradford is pleased to disseminate the good news about Greeks that has come from an independent research project, initiated by a collaboration between NPC and NIC (National Interfraternity Conference). Results collected from members of men's and women's fraternities by the Center for Advanced Social Research at the University of Missouri indicate that Greek organizations develop men and women who have social capital, something that may be of particular interest to colleges and universities. Says Bradford, "We do better than anyone else in training young men and women to be active in their communities, to give of their means, both financial and volunteer, and to support community and religious agencies, as well as their alma maters."

Universities, individual men's fraternities, and the NPC groups also are cooperating in another positive effort, a task force on substance-free housing, which Bradford says may be a "saving grace" of the Greek system. A number of college campuses are now dry or moving in that direction, and several fraternities have announced that some chapter houses are substance-free, while offering incentives for others to follow suit. This fall, an NPC resolution to encourage women to support substance-free efforts will be proposed. "If the women support it, it will work," says





Lissa Bradford's distinguished Theta career includes three years as a CDP, eight years as a member of Grand Council, and two terms as Grand President. She has represented Theta in NPC since 1984.

AUTUMN 1997



Relishing her role as a proud grandmother, Lissa Bradford enjoys spending time with Ali and Will.

If you have ideas or comments for Lissa Bradford, NPC Chairman, you may contact her at

KAO Fraternity Headquarters, 1-888-526-1870, ext. 330.

Bradford, stressing the importance of achieving that success. "If Greek organizations become what some students unfortunately see them as—drinking clubs—then

we are irrelevant. We must promote the positive values for which we have always stood."

Bradford acknowledges the challenge of leading an organization that represents more than three million women on more than 600 campuses. "It can be very frustrating when what you're trying to accomplish is misunderstood or misinterpreted or misrepresented, whether by a new college member who doesn't understand that 'a little hazing' can hurt the whole system, or by the media, which is bound and determined to print the negative."

To help provide a more balanced view, NPC is in the process of developing a database of individual members who work in the

media. They will be provided regularly with statistics about the Greek system. "There is lots of important, interesting, and positive information about the Greek experience. The total number of scholarships, the amount of money given to service organizations and philanthropies, and the number of hours volunteered on campuses is really pretty staggering," says Bradford.

She also applauds programs such as Something of Value, a values-based risk management program coordinated by NPC staff and delegates. Something of Value helps chapter representatives on college campuses learn how to face high-risk situations and make decisions based on their own personal values, as well as on the values of their organizations. "Women's organizations are founded on such timeless virtues that they plug into any era, regardless of changing times and styles. Friendship and sisterhood and the need for support never go out of style."

Volunteer support, as well as financial contributions—such as Theta's \$10,000 gift made in 1994

in honor of Bradford and Kappa Alpha Theta's NPC chairmanship—help make NPC work possible. Bradford encourages Thetas, as well as other Greek members, to continue to contribute by getting involved in Panhellenic work and by contacting her with suggestions and ideas. "NPC is not just another group. It is *you* and the members of the 26 women's fraternities of which it is made. We're all in this together."

Knowing she has the support of sisterhood "through thick and thin" will help as Bradford works to fulfill her goals as NPC chairman and maintain a schedule that she admits will be a little like two full-time jobs. "I just have to find those hours and know that my day doesn't end until after midnight," she confides with characteristic determination. "I'm not going to give up golf and, of course, the grandchildren always come first."

Family, lifelong friends from Nashville, and "extraordinarily wonderful" Theta and NPC relationships provide Bradford not only with sustenance, but also inspiration. "I feel so richly blessed to have all those sources of strength. And I do feel a terrific obligation. I am grateful to have a chance that few others will ever have. I don't want to look back and say I didn't do everything I could do with this opportunity."

<sup>\*</sup> L. Pearle Green, Phi/Pacific, served twice as chairman of the National Panhellenic Conference

#### Thetas Are Enthusiastic About NPC Involvement

s chairman of the National Panhellenic Conference, Lissa Luton Bradford, Alpha Eta/Vanderbilt, is Theta's most visible NPC delegate. Yet there are three other women who also represent Theta in NPC by serving as alternate delegates. Each believes strongly in the collaboration that is the heart of NPC, and each is committed to working toward solutions to the problems faced by the Greek community.

Norma Anderson Jorgensen, Gamma Zeta/Connecticut, is first alternate NPC delegate. Jorgensen has a broad and rich history of involvement with both the Fraternity and the Foundation, as well as with NPC.

Her devotion to Theta began when she was an undergraduate at the University of Connecticut. She was instrumental in guiding a local group of women toward becoming the Gamma Zeta Chapter of Kappa Alpha Theta in 1942. Not only did she play an important role in the opening of the Gamma Zeta chapter, but she also served as the chapter's first president, treasurer, and editor.

Jorgensen's involvement with Theta continued after graduation. She served as a college district president from 1955-58, was a member-at-large of Grand Council from 1958-62, served as grand vice-president alumnae from 1962-66, and ultimately served as grand president from 1968-72.

Jorgensen says that the highlight of her Theta career came during her term as grand president. "My favorite Theta memory is Theta's centennial convention in 1970," Jorgensen recalls. "I witnessed great pride and hope for the future at a time when the Greek community was suffering."

While serving on Grand Council, Jorgensen was enlisted to help prepare the groundwork for a tax-exempt foundation to become the philanthropic arm of the Fraternity. She served on the original Kappa Alpha Theta Foundation Research Committee. The Foundation idea was presented at Grand Convention in 1960, and soon after, the Foundation

> By Jodi Verdicchio, △⊖/Florida

became a reality. Jorgensen served on the first Foundation Board from 1961-64, and she was an ex-officio member during her term as Grand Council president.

In addition to her Theta involvement, Jorgensen also has a long history of service to the National Panhellenic Conference. Before serving as first alternate delegate, she served as Theta's NPC delegate from 1977-88.

Currently, Jorgensen believes, the most important initiative of NPC is coordinating programming efforts to better serve both Greek women and college campuses. "NPC-member groups are living up to their standards, but Greek men still have a long way to go. Because Greek women and men are classified together, I fear that until the men make an effort to improve their image, the Greek system will continue to face harsh criticism."

As first alternate delegate, Jorgensen assists the delegate in any way possible and serves on NPC committees. Currently, she is on the College Panhellenics Committee and serves as an area college Panhellenic advisor for Arizona, New Mexico, and Colorado. Any college Panhellenic Council in those three states may contact her for assistance and answers. Jorgensen also serves on the Long-Range Planning Committee.

When not busy with NPC, Norma Jorgensen enjoys relaxing at home in Paradise Valley, Ariz., going to the ballet, reading mystery books, and traveling. Where does she travel? To visit her daughter, her son, and her grandchildren.

Former Grand Council member Carol Stenberg McPadden, Lambda/Vermont, now serves Theta as the second alternate NPC delegate. "When Lissa asked me to take the position," McPadden relates, "I immediately agreed."

McPadden's past experiences with Theta include her work as a college regional director from 1988-92, followed by two terms as vice-president college from 1992-96. Her fondest Theta memories include conducting initiation ceremonies and installing new chapters. "Helping to install new chapters is quite inspiring, because it keeps you in touch with the future." Her work for NPC is also inspiring, McPadden says, because the organization sheds light on the issues affecting college campuses today and establishes programming to help keep the Greek community strong and thriving. It is a collaborative effort.

"The Greek system is facing many crises today, and it's essential to keep the system vital by getting out the positive word about Greeks," says McPadden. "Greeks are finally beginning to realize that all of our groups are suffering from the same problems, and to be most effective in solving those problems, it's essential that we resolve them together."

According to McPadden, this idealogy is instrumental to the continuing success of NPC. "Only through unity will Greeks remain a vital force on college campuses today."

As second alternate delegate, McPadden serves on the College Panhellenics Committee and is an area advisor for Northern California. By also volunteering on the Academic Excellence Committee and the Publications Committee, she works to promote Greek life to future college women in an effort to increase rush numbers.

In her spare time, McPadden enjoys spending time with her three sons, her Theta daughter, and her seven grand-children. Her hobbies include gardening, hiking, traveling, and swimming. And when she's not swimming, she's surfing ... surfing the World Wide Web, that is!

Her work with NPC is challenging and time consuming, McPadden says, but also rewarding and worthwhile.

Amy Hayner Kates, Alpha Phi/Newcomb-Tulane, was recently appointed third alternate NPC delegate. "The panhellenic perspective is a new one for me," says Kates. "I'm excited by the potential this position offers."

Although she is new to NPC, Kates has held a variety of positions within Theta. She served as a chapter concultant, as chairman of the advisory boards for Nu Chapter at Hanover and Alpha Phi Chapter at Newcomb-Tulane, and as a college district president. She says she first realized that impact that the Fraternity has on its members when she was an advisory board chairman. "One



Norma Anderson Jorgensen ΓZ/Connecticut

of the girls had a pretty serious problem, and we had to put her on probation," Kates explains. "She came to me later and said that we had helped her turn her life around."

Kates sees NPC as playing a similarly crucial role in the life of the Greek world. "We're fighting for the survival of the Greek system. Alcohol and hazing will do us all in if we can't as a



CAROL STENBERG McPADDEN  $\Lambda/Vermont$ 

whole get a handle on it."

As part of her duties as Theta's newest alternate NPC delegate, Kates serves on the Alumnae Panhellenics Committee and is an area advisor for Louisiana. She is also a member of the Research Committee.

In addition to her work with NPC, Kates also enjoys her work as a Jazzercise instructor. She describes her-



**A**MY HAYNER KATES AΦ/Newcomb-Tulane

self as a physical fitness buff who also enjoys reading and cross-stitching.

As Theta's delegation to NPC, Jorgensen, McPadden, and Kates are enthusiastic about contributing their experience and leadership skills to an organization that serves all Greek women. They are looking forward to the next biennium as a time of exciting challenges and opportunities.

# **Wanted!**

# SIX OUTSTANDING THETAS TO SERVE AS 1998-2000 TRUSTEES FOR THE KAPPA ALPHA THETA FOUNDATION

For an application, or to suggest names of potential trustees, contact the Foundation before January 26, 1998.

1-800-526-1870 • E-mail nancy@thetahq.org



Trustees serve a two-year term, participate actively in the fund-raising process, attend meetings two to three times a year, contribute to the Foundation, have fiscal responsibility for the Foundation's assets, and possess a love of Theta.

#### WINNING WAYS

Together Thetas, the Fraternity's award-winning recruitment and extension campaign, has received another commendation. The Excellence in Performance Award was bestowed on Together Thetas by IABC (an association of business communicators) as part of their EPIC Awards Competition.

Together Thetas was the only award winner from the many entries submitted in the marketing/communication division.





The Kappa Alpha Theta
Magazine was honored at the
1997 Conference of the
College Fraternity Editor's
Association (CFEA). "Taking
Risks the Write Way"
(Winter 1996-97), a profile
of author Kate Lehrer, won
first place in the Profile
Article Contents
category.

# **Integrity: A Crucial Part of the Educational Process**

hat comes to mind when you hear the word *integrity?* Do you think of a person you know or—more generally—of the qualities of character associated with a person of integrity?

Warren Bennis, in his book *On Becoming a Leader*, cites integrity as one of the most valued characteristics of a leader. Webster defines integrity as "... implying a soundness of moral character that cannot be corrupted."

You've probably thought of integrity as synonymous with honesty and sincerity, and these may be highly valued qualities that you have found in friends and sisters.

Integrity is part of every decision you make, every deed, all of your personal interactions, and an important part of your educational process. How honest you are with yourself, your relationships, your budgeting, your commitments, and your course work all provide clues to the value you put on integrity.

Behaviors associated with education and integrity fall into the specific area of academic integrity. Because many college students are unaware of the issues around academic integrity and the serious consequences of behaviors that do not reflect academic integrity, this article will attempt to stimulate some thought-provoking individual reflection and challenging chapter discussion.

Academic integrity has become a very hot topic in higher education today, and Greeks have not fared will in recent research on academic integrity. Donald McCabe and William Bowers examined and compared the self-reported cheating behaviors of fraternity and non-fraternity members at 10 medium to large state university campuses across the country. They found that there was a significant increase in the number of women who admitted to cheating between 1963 (59 percent) and 1993 (70 percent). They also found that "... there is significantly more cheating among those who belong to either a fraternity or sorority than there is among non-members." (NASPA Journal, Summer 1996)

By Beth Kersten Saul, AEФ, former NPC Chairman

As a result of these findings, it is incumbent on all Greeks to increase their knowledge about all aspects of academic integrity: what it is, why it is important to each student at an institution of higher learning, and what consequences may follow acts of academic dishonesty.

It is critical to realize

that academic integrity is equally as important to the student as it is to the institution, because your degree will be enhanced or degraded relative to the reputation of your university. And, conversely, your education is valuable to you and your future only in so far as your actual learning has taken place. Furthermore, you academic record, coupled with your practice of academic integrity, provides a foundation for the professional integrity you will practice throughout your lifetime.

For a moment, think of the consequences to you and our society as inadequately trained (educated) individuals provide services to our population.

Would you want your son or daughter to be taught by someone who does not know the subject matter?

Would you want a physician who did not adequately learn anatomy to perform surgery on you?

Will you be able to keep that first job out of college or excel at the academic rigors of graduate studies if you do not know the material that is expected from your coursework and documented on your transcript?

Academic dishonesty is usually associated with using "external assistance" during an exam, illegally obtaining exams before the test day, removing your exam from the test room and claiming that the professor must have lost it, fabricating and falsifying materials, plagiarizing, ghost writing, and submitting the same paper in two courses.

All of us probably know of someone who has succumbed to the temptations of these acts of academic dishonesty, and if that is so, we must be ever so vigilant in the prevention of these behaviors.

The University of Southern California is initiating an Integrity

Campaign as one important element of their Building on Excellence program.

Many of the ideas in this article have been taken from those materials. I hope that after

you read this, you will reflect on and enhance your own journey of academic and personal integrity.

Here are some behaviors that reflect academic integrity (and your intelligence and talent!).

• Prepare for your classes, assignments, and exams in a timely manner.

**②** Before deadlines and due dates, seek out your professors at office hours if you have any questions about the syllabus.

3 Attend class regularly and participate in class discussions.

• Document your sources—whether a direct quotation, electronic source, or a paraphrase of ideas—in every assignment.

**6** During exams, sit away from anyone else with at least on empty desk surrounding you on every side.

**6** Write and submit your own work unless you are working on a group project and collaboration is authorized by the professor.

• Get written instructor permission well in advance from both professors if you plan to submit the same original paper for course credit in two courses.

**3** Keep all of your notes, outlines, and rough drafts—anything that would prove that your paper is your original work—in case you are ever questioned.

 Be familiar with the honor code of your institution so that you are knowledgeable about the consequences for acts of academic dishonesty.

• Know the professor's policy for make-up exams or assignments before you need to make a request.

Editor's note: This is the third in a series of articles commemorating The Year of the Scholar. The National Panhellenic Conference (NPC) has proudly declared 1997 as The Year of the Scholar. The 12-month program will highlight academic pursuits for women's fraternities and bring to life the ideals stated in the Panhellenic creed.

TOGETHER.

The word implies unity and sisterhood. It suggests sharing and support. Together, Thetas have persevered and accomplished great things.

TOGETHER.

The word is often used to describe Thetas. Intelligence, ability, involvement, balance, style—the Theta woman is definitely together!

TOGETHER.

This is the central word of the Fraternity's member recruitment/extension campaign. Designed to assist college chapters in their recruitment efforts and to promote Theta in a pos-

itive, professional manner, Together Thetas was officially launched at Grand Convention 1996.

Since then, brochures, posters, banners, name tags, napkins, T-shirts, and balloons bearing the Together Thetas logo have been used by college chapters during

rush and by the
Fraternity when
opening new college
chapters. Both collegians and alumnae
have contributed suggestions and ideas
that will help in the
development of additional materials.

TOGETHER.

Learning together. Leading the way together. Serving together. Having fun together. Together Thetas.



# SUPPORT

Academic support was a key reason our four Founders came together, and high scholastic achievement continues to be Kappa Alpha Theta's number-one aim.

The Together Thetas campaign combines images from Theta's rich past with those of today's college women.



vision

Many Thetas have gone on to make significant contributions in government, arts and entertainment, science, medicine, and business, and we're proud of all of them.

Posters featuring these famous alumnae are part of the materials available: Amy Grant, Marlo Thomas, Nancy Kassebaum, and Julie Moran. Providing T-shirts for new member classes as they join Theta is still a common tradition among all college chapters.

The Together Thetas
T-shirt can be personalized with a chapter name,
date, and theme for a
reasonable price.





# EVERY DAY IN AMERICA:

8,600 CHILDREN ARE REPORTED AS ABUSED, NEGLECTED OR ABANDONED

500 CHILDREN ARE PLACED IN FOSTER CARE OR INSTITUTIONS

5 CHILDREN DIE FROM CHILD ABUSE





SPEAK UP FOR CHILDREN WITH A CONTRIBUTION TO THE FOUNDATION. OUR ANNUAL GRANT TO CASA IS MADE POSSIBLE BY THETAS WHO CARE.



# Scholarship Program 1997

The Kappa Alpha Theta Foundation's Educational

Trust Fund and Lambert Scholarship Programs

impact the lives of more than 100 academically

outstanding Thetas each year. Since the

Foundation's founding in 1960, more than

\$2.5 million has been awarded to collegians and

alumnae pursuing their dreams of a college or

graduate degree. Generous gifts from scholarship

donors as well as contributions to the annual fund

drive make Theta's scholarship program possible.

## In 1997, the Foundation awarded \$292,290 in scholarships, including:

- 14 Lambert Graduate Scholarships, \$5,000 to \$10,000 each
- · Four Founders Memorial Scholarships, \$7,500 each
- 59 undergraduate scholarships averaging \$2,185 each
- 54 graduate scholarships averaging \$3,025 each
- Ten Theta First Scholarships, \$5,000 each
- Six Scholarship Endowment Fund Scholarships, \$1,400 each

#### Founders Memorial Scholarships

 $^\circ$  Presented annually to the four most outstanding junior class members of KA $\Theta$ 



Bettie Locke Hamilton - \$7,500

Kerryn Walck ΔE/Arizona State Parks, AZ Zoology



Alice Allen Brant \$7.500

Ashley Young AN/Montana Billings, MT Psychology



Bettie Tipton Lindsey - \$7,500

Tracy Regan
BΔ/Arizona
Phoenix, AZ
Math & Economics



Hannah Fitch Shaw \$7,500

Amy Bartel ΔH/Kansas State Manhattan, KS Architectural Engineering Atlanta Alumnae Chapter - \$650 Ashley Jones

 $\Gamma\Omega$ /Auburn Lawrenceville, GA • PR

**Margaret Killen Banta** \$1,300

Laura Duprey AΨ/Lawrence Deerfield, IL • Anthropology

Margaret Killen Banta \$1,000<sup>♦</sup> Tricia Kearns AΨ/Lawrence

Northbrook, IL • Masters of Science in Science Education

\$1,350 Rachel Domers BH/Pennsylvania Wynnewood, PA · Women's Studies

**Beta Eta Chapter** 

Beta Phi/Baer Buell \$600 Jeanne Mathis

ВФ/Penn State Vienna, WV • Finance

Nancynell Swaffield Bogdanovich - \$1,275 Amy Farha P/Nebraska

Omaha, NE • Pharmacy

Virginia Burns Boynton - \$1,050\* Sarah Heward BM/Nevada • Reno, NV General Dentistry

Melissa Luton Bradford \$3,000 Michele Stevenson

Γ/Butler Dyer, IN • Accounting/Pre-Law

**Harriet Fowler Brown/** Kansas City Alumnae Chapter - \$1,200 Heidi Bielenberg AH/Kansas State • Omaha, NE

Landscape Architecture Harriet Fowler Brown/ Kansas City Alumnae Chapter - \$1,200

Melinda Calderwood AY/Washburn Sterling, KS • Political Science

Joyce Ault Cordon-\$500 Julia Cornett BY/McGill Calgary, AB, Canada • Art History

**Mary Frances Bowles** Couper - \$1,075
Danielle Ludwin

AΦ/Newcomb-Tulane Randolph, NJ Cell & Molecular Biology

**Jenny Adams Crain** Caitlin McAneny AΘ/Texas Houston, TX • Biochemistry

Mary E. Dengler - \$940 Jennifer VonFeldt ΔH/Kansas State
Topeka, KS • Marketing &

Morna Elizabeth Dusenbury Memorial

Paige Ginsberg AΦ/Newcomb-Tulane Signal Mountain, TN Sociology

Educational Leadership Development - \$5,000 Stephenie Hopkins ZΛ/College of Charleston Simpsonville, SC Master of Education/Student Personnel Service

Virginia Speidel Edwards - \$975 Amy Larson

BΠ/Michigan State Worthington, OH • Law

**Joan Wagner Essex** 

April Hollon ΓI/Kentucky
Gravel Switch, KY • Accounting

Fairfield County, CT, Alumnae Chapter Deborah Loomis

BH/Pennsylvania Darien, CT • Business & Int'l Studies

(Sophia Scholar) Elise Lipscomb Ferguson \$1,350 Sara Wilson

ΓΨ/Texas Christian Amarillo, TX • PhD in Art Ed. Virginia Hindman Freeman - \$1,400

Blayn Barnard ГФ/Texas Tech Waco, TX • Finance

Virginia Hindman Freeman - \$1,400 Sharron Marcus Reed ΓΦ/Texas Tech Lubbock, TX • Social Work

Virginia Hindman Freeman - \$1,400 Kristen Smith ΓΦ/Texas Tech • Lubbock, TX Vocal Performance

Jane Brokaw Gallup

Amy Gerrish B/Indiana Arroyo Grande, CA • Accounting

**Gamma Chapter-\$1,500**April Lambert Γ/Butler • Buffalo Grove, IL Int'l. Mgmt. & Spanish

Lucile Moore Garrett \$1,550 Jennifer Pettit

ΔΩ/Texas A & M Arlington, TX • Dentistry

Sharon Cirese Gassett Memorial - \$1,325 Stephenie Hopkins ZΛ/College of Charleston Simpsonville, SC Master of Education/Student Personnel Service

Isabel McKenney Gates - \$2,550 Laura Sliter AN/Montana Kalispell, MT • German Lit. L. Pearle Green -\$1,175 Kelly Wesley ΓΙ/Kentucky • Lexington, KY Pre-Law/Political Science Virginia Lauderdale

Grimm - \$1,050 Jenna Voss ΓΥ/Miami • Hinsdale, IL Exercise Science

**Ruth Rabbe Hager** \$510

Shannan Harding B∆/William & Mary Virginia Beach, VA • Biology **June Longworth Hardy** 

\$1,250 Melanie Bills

P/Nebraska • Kansas City, MO Gifted Education

Betty Black Hatchett \$1,150

Amanda Hancock ΔΩ/Texas A&M • Cleburne, TX Elementary Education

Dorothy Whitehurst Heard - \$1,175 Lauren Averett EM/Princeton Houston, TX • Molecular

Biology Mary L. Hinkle -\$1,475

Heather Lindsey
B≡/UC Los Angeles
Rancho Santa Fe, CA

Law & Business

Ellen Bowers Hofstead \$5,050

Tracy Greca BΦ/Penn State • Allison Park, PA Int'l Business & Economics

**Virginia Ford Hood \$1,150** Sara Williams BZ/Oklahoma State El Reno, OK • Management

Mary Alice Horn Memorial - \$1,250 Cory Armstrong AX/Purdue Carmel, IN . Speech Pathology

Houston Theta Charity Antiques Show-\$1,150 Tracy Lambert ΓΩ/Auburn

Ft. Worth, TX • Public Health

Harriett D. & C. Hollis Hull - \$625 Amy Wilson

N/Hanover • Madison, IN English as a 2nd Language

Indianapolis Alumnae Chapter – \$1,000 Erin Campbell

AA/Washington Indianapolis, IN Communications/English

Betty B. and James B. Lambert - \$10,000 Michelle Baker **BN/Florida State** Lake Worth, FL • Special Education

Betty B. and James B. Lambert - \$5,000 Sarah Klomp Fedirka M/Allegheny Mesa, AZ • M.A. Literature

Betty B. and James B. Lambert - \$5,000 Britta Hoekenga ZN/U C Davis Santa Rosa, CA Student Affairs or Business

Betty B. and James B. Lambert - \$5,000 Cindy Miesbach Kastens P/Nebraska Nebraska City, NE • MBA

Betty B. and James B. Lambert - \$10,000\* Faith Kendrick AΦ/Newcomb-Tulane Baton Rouge, LA • Accounting

Betty B. and James B. Lambert - \$5,000 Carol Miklas AΘ/Texas San Antonio, TX • Dentistry

Betty B. and James B. Lambert - \$10,000 Deana Otts

ГФ/Texas Tech Lubbock, TX • Law Betty B. and James B. Lambert - \$8,000 Stephanie Russell

Γ/Butler • Ft. Wayne, IN College Student Personnel

Betty B. and James B. Lambert - \$5,000\* Tiffany Mohr Shireman ΔΔ/Whitman College Place, WA Curriculum & Instruction

Betty B. and James B. Lambert - \$10,000 Jennifer Simmons A/DePauw • Champaign, II **English Literature** 

Betty B. and James B. Lambert - \$10,000 Jean Sonnenfield ΔH/Kansas State • Omaha, NE Veterinary Medicine

Betty B. and James B. Lambert - \$10,000\* Leslie Strong P/Nebraska Lincoln, NE • Law

Betty B. and James B. Lambert - \$5,000 Stephanie Truesdell AE/Brown Norwood, MA • Management

Betty B. and James B. Lambert - \$8,000 Kristen Olander Winkleman K/Kansas • Phoenix, AZ Physical Therapy

Betty Baur Lambert/ Fairfield County, CT, Alumnae Chapter \$1,000 Kirsten L. Bartok BH/Pennsylvania Ogunquit, ME • Business

Hazel Baird Lease-\$700 Megan Driscoll BT/Denison • Towson, MD Speech Language Pathology

Marilyn Chesher Lynch - \$825 Amy Lindley EE/Baylor Kerrville, TX • Public Affairs Betty MacDonough Memorial - \$525 Elizabeth Potter  $\Delta\Phi$ /Clemson Summerville, SC • Accounting

Anne Collins Mackey Memorial - \$975\* Lane Barbera AΦ/Tulane Metairie, LA • Medicine

Opal Marshall McCelvey • \$625 Caitlin McAneny AΘ/Texas Houston, TX • Biochemistry

Catherine Tillotson McCord - \$700 Caroline Vogel A/DePauw

Knoxville, TN • Psychology

Virginia Martin McCune Memorial - \$525 Melinda Sofen B∏/Michigan State Plymouth, MI • Int'l Relations

Elizabeth Ferguson McNair - \$850 Stephanie Scarborough ΔΔ/Whitman • Phoenix, AZ Master of International Mgmt.

Jeanne Ross Miller \$2,250 

Pratt, KS • Physical Therapy

Jeanne Ross Miller \$2.250 Kara Massev Γ/Butler Crown Point, IN • Law

**Louise Johnson Miller** Lisa Byrd
ZH/Wofford College

Charleston, SC • School Psychology

Jill Morrison Memorial - \$525 Susan Olive EZ/Mississippi Paris, TN • Pre-Physical Therapy

**Isabel Hanford** Olmstead - \$650 Mary Holper ∆/Illinois • Glen Ellyn, II French/Political Science

Kimberly Orlin/Omega Chapter - \$550 Catherine Robertson Ω/UC Berkeley Hidden Hills, CA • Economics

Pasadena Alumnae Chapter - \$725 Melanie Rosenbaum EΛ/Dickinson • Pasadena, CA Broadcast Journalism

Mary Katherine Patterson/EE Chapter Memorial - \$550 Elizabeth Hagen EE/Baylor • Amarillo, TX American Studies

Philadelphia Alumnae Chapter Memorial \$1,150 Kate Temme I/Cornell Philadelphia, PA • Nutrition

## Federation of So. CA Honoring Janet Paine

Peters - \$625 Jennifer Hofmann ΔΨ/UC Riverside Beaumont, CA • Classical

#### St. Louis Alumnae **Chapter - \$1,400** Katherine Zagar

EI/Westminster St. Louis, MO • Elementary Ed.

#### Virginia Chain Schmid

\$1,225 Bridget Hoffart P/Nebraska Lincoln, NE • Biochemistry

#### Linda Moran Schmidt \$2.700

Elizabeth Taylor ΔΩ/Texas A & M Dallas, TX • Education

#### Scholarship Endow-ment Fund - 1,400

Stacey Drentlaw Y/Minnesota Minneapolis, MN • Law

#### Scholarship Endow-ment Fund - \$1,400

Melissa Fonner ГФ/Texas Tech Lubbock, TX • Business Mgmt.

#### Scholarship Endow-ment Fund - \$1,400

Carolyn Hoecker EM/Princeton Kansas City, MO • Law

#### Scholarship Endow-ment Fund - \$1,400

Elizabeth Judge AE/Brown Halifax, NS • English Literature

## Scholarship Endow-ment Fund - 1,400

Sheryl Kent ΓM/Maryland • New City, NY **Environmental Education** 

# Scholarship Endow-ment Fund - \$1,400\* Julie Sonnanstine

AT/Cincinnati •Bloomington, IN Recreation & Park Admin.

#### Seattle Alumnae Chapter - \$975 Amy Keucher

AX/Purdue • Seattle, WA Marital & Family Therapy

#### Virginia Bryant Shilstone - \$1,150

Lynn Eschenbacher B/Indiana Austin, TX • Pharmacy

#### **Ruth Shoemaker/** Betty Shoemaker Hage

Sondra Reis ГП/lowa State St. Paul, MN • Public Affairs

#### Jean Johnson Smith \$3,000

Kerstin Stephens AO/Oklahoma • Tulsa, OK Health & Sports Science

#### **Molly Muntzel Smith**

Anita Stacey A≡/Oregon • Keizer, OR College Student Services/Admin.

#### **Shirley Shields Smith**

Carol Hoover Wahl ΔI/Puget Sound Tacoma, WA . Counseling

# Josephine Brossard Stansfield Memorial \$875

Cristina Cabrera ΔΘ/Florida • W. Palm Beach,FL MBA/Health Care

# Frances Strickland/ Agnes Wright Strickland \$950

Sara Kagay BK/Drake Shambaugh, IA . Law

#### Sue Farrell Supple

Trina Morse Thayer AΣ/Washington State Issaquah, WA • Master of Ed./Guidance & Counseling

#### Theta First - \$5,000

Susan Banzer ГЧ/Texas Christian Bedford, TX • Social Work

#### Theta First - \$5,000 Elizabeth Beim

ΓZ/Connecticut Voorhees, NJ . Pre-Allied Health

#### Theta First - \$5,000

Angela Fardella BΣ/Southern Methodist Lincoln, NE • Psychology

Theta First - \$5,000 Melissa McCutcheon ΔK/Louisiana State Lafayette, LA • Chemical Engineering

Theta First - \$5,000 Heather Meggers EI/Westminster • Chillicothe, MO Psychology & Political Science

#### Theta First - \$5,000 Kristin Relyea ΔΔ/Whitman

Spokane, WA · History

#### Theta First - \$5,000 Laurie Rogers BN/Florida State Birmingham, AL . Accounting

**Theta First - \$5,000** Bethany Schaffart P/Nebraska • Omaha, NE Speech-Language Pathology

#### Theta First - \$5,000

Jennifer Stoecker AM/Missouri • Stanley, KS Broadcast Journalism/History

Theta First - \$5,000 Emily Velotta AX/Purdue • Libertyville, IL Movement & Sports Science

#### Joyce Drew Toombs Memorial - \$675

Jennifer Smader Y/Minnesota • La Crosse, WI Kinesiology/Pre-Physical Therapy

# Florence Abernathy Waldrop - \$650 Jenny Franke

 $\Delta\Omega$ /Texas A & M Bedford, TX • Biomedical Science

#### Artye Beosemeyer Welch – \$600

Gretchen Robert B=/UC Los Angeles Saratoga, CA • Art History

#### Ruth Hill Wilber - \$850

Lydia Laske BZ/Oklahoma State Moore, OK • Agricultural Communications/Animal Science

#### Leslie M. Wilson - \$500

Catherine Bagaglio AN/Montana • Richland, WA Cell & Molecular Biology

#### **Carol Green Wilson**

\$1,130 Jeannette Porter BП/Michigan State Livonia, MI • Journalism

#### **Martha Smith White**

Kathleen Pierce A E/Oregon • Walnut Creek, CA Business Admin./Mgmt.

#### '97 Reading & Scoring Committees

Susan Mueller Sladoje A $\Gamma$ , Co-Chairman, Norma Donelan Stelle, T, Co-Chairman Genny Butz Adsit, BΠ Anne Ash Branning, II Carol Thorson Cyrus,  $A\Pi$ Harriet Darley Damisch, BA Patricia Boynton Frey, A Martha Bredesen Hoza, AΠ Pam Higgins McClamroch, N Gayle Campbell Sundt, ΓΥ Sharon Williams Ubben, A

......

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Florence Ashby, BN, Chairman Barbara Smith Gargano, B $\Lambda$  Rosellen Posey McCarthy,  $\Gamma$ M Gloria Stephens Williams,  $\Lambda\Omega$ 



#### Have a Deluxe Adventure in '98!

Kappa Alpha Theta's expanded travel program includes these exciting excursions.

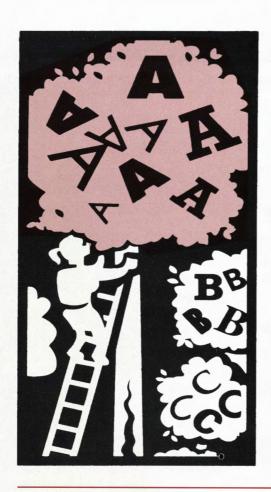
> Trans-Panama Canal • February 1998 Machu Picchu/Galapagos • May 1998

Mediterranean Cruise • June 1998

Bayarian Alps • June 1998 Danube River/Istanbul • August 1998

European Capitals • September 1998

For reservations or free travel brochures, contact INTRAV, attn: Barbara Warren, 7711 Bonhomme Ave., St. Louis, MO 63105-1961, or toll-free 1-800-825-2900.



# Making the Grade (s)

Congratulations to our college chapters achieving high scholarship in 1996!

Kappa Alpha Theta was founded as a sisterhood to further academic endeavors and opportunities for women. Through the years, Theta's commitment to advancing academics and to providing support and scholastic leadership for her members has remained constant.

The academic policy of the Fraternity states that each chapter will maintain a grade-point average above the All-Sorority Average (ASA) on its campus.

Congratulations to the following chapters; they exceeded the ASA in 1996.

B/Indiana

H/Michigan

I/Cornell

A/Vermont

N/Hanover

Ξ/Wesleyan

P/Nebraska

T/Northwestern

Φ/Pacific

AE/Brown

AH/Vanderbilt

AΘ/Texas

AA/Washington

AM/Missouri

AO/Oklahoma

AP/South Dakota

AΣ/Washington State

AY/Washburn

AФ/Newcomb-Tulane

AX/Purdue

AΨ/Lawrence

BΓ/Colorado State

B∆/Arizona

BZ/Oklahoma State

BI/Colorado

BΛ/Drake

BM/Nevada

\_\_\_\_\_

**BN/Florida State** 

BE/UCLA

BΠ/Michigan State

BP/Duke

BΣ/SMU

ВФ/Penn State

BΨ/McGill

ΓΔ/Georgia

ΓΕ/Western Ontario

ΓΘ/Carnegie-Mellon

ΓI/Kentucky

ΓΡ/UC Santa Barbara

ΓΣ/San Diego State

TT/Tulsa

ГФ/Texas Tech

ΓΨ/TCU

ΔΔ/Whitman

ΔE/Arizona State

ΔH/Kansas State

ΔΘ/Florida

ΔK/Louisiana State

ΔΣ/Ball State

ΔY/Eastern Kentucky

ΔX/Virginia

 $\Delta\Omega$ /Texas A & M

EΛ/Dickinson

EΠ/Bucknell

EP/Lehigh

ET/Yale

EΩ/Washington & Jefferson

**ZO/Wake Forest** 

ZY/UT Dallas

Chapters who haven't submitted all of their scholarship reports may not be included in this list.

# COLLEGE CHAPTER HONOR ROLL

The Fraternity congratulates all Theta collegians chosen for membership in national honorary societies during the 1996–97 school year.

#### SCHOLARSHIP

Phi Beta Kappa Amy Dinn, AO Alice Price, AΘ Heather Riley, AO Michelle Carr. AI Jodi Dektor, AI Heather Kaplan, AI Darci Hertel, ATI Valerie Bucklin, AP Melody Eide, AP Robin Horstmeyer, AP Tanya Toulouse, BK Jordan Kirk,  $\Delta\Delta$ Aimee Ogden,  $\Delta\Delta$ Anne Marie Shields,  $\Delta\Delta$ Carrie Stearns,  $\Delta\Delta$ Karin Valaas, ΔΔ Jane Linenberger, AH Rebekah Hopkins, AO Cara Cupps, EE Carly Evans, EE Amanda Kusch, EE Clarissa Schoenhals, EE Nicole Messenger, EH Cary Hatten, EA Kimberly McBride, EA

Phi Kappa Phi
Megan Doan, Φ
Jennifer Jones, Φ
Laura Sliter, AN
Ashley Young, AN
Emily Giltner, ΓΥ
Jenna Voss, ΓΥ
Amy Bartel, ΔΗ

Sarah Coope, ΔH Shelley Erikson, ΔH Olivia Guerra, ΔH Jami Nelson, ΔH Amy Sorensen, ΔH Rebekah Hopkins, ΔO Kathy Ferguson, EZ Anna Gambrell, EZ Kara Keller, EZ Teresa Pitts, EZ Megan Weiner, ZΛ

#### Alpha Lambda Delta

freshman scholarship Michele Deul. O Heather Goka, O Jennifer Anderson, AO Cathy Bain, AO Lauren Delorenzo, AO Kory Jones, AO Emily Jorgenson, AO Caitlin McAneny, AO Caroline McCall, AO Laura Phelan, AO Lisa Prather, AO Stephanie Schultz, AO Katie Upton, AO Kathryn Wolf, AO Kari Buhmiller, AN Libbie Gaston, AN Elizabeth Hanson, AΠ Jennifer Norberg, AΠ Jennifer Roberts, ATI Nichole Kienast, AP Erica Schipper, AP Robin Bixler, BK

Brigid Bliss, BK Kate Hettinger, BK Amanda Jensen, BK Sara Kagay, BK Megan Koszyk, BK Jennifer Kovar, BK Lesley Mahr, BK Leah Shimp, BK Susan Stenander, BK Melissa Daly, BA Jenny Frierdich, BA Rhian Horgan, BA Rvan Jennings, BA Karen Resendes, BA Kristen Wood, BA Nicole Yang, BA Melanie Bacon, TY Natalie Carver, ГҮ Sara Goloback, TY Jen Goodwin, TY Julie Harms, TY Jasmine Huffman, TY Ellen Miehl, ГҮ Katie Rav. ГҮ Marie Richardson, TY Michelle Sinchak, ГҮ Alison Sipes, TY Laura Southwick, ГҮ Audrey Turner, TY Jenna Voss. TY Carolyn York, TY Stacy Baggerly, ΓΦ Deborah Cook, ΓΦ Jamie Dunkin, ΓΦ Julie Euseppi, ΓΦ Jennifer Jund, ΓΦ Gayle Locke, ΓΦ Tiffany McKinley, ΓΦ Kristen Miller, ΓΦ Kimberly Ott. ΓΦ Keri Overman. ΓΦ Sally Smith, ΓΦ Allison Stern, ΓΦ Christy Williamson, ΓΦ Julie Shepherd,  $\Delta O$ Allison Snow.  $\Delta O$ Hillary Pierce,  $\Delta O$ Kari Hartmann, EE Carey Cupit, EZ Candi Harris, EZ Shellie Ross, EZ Erinn Schermann, EZ Marcy Swogger, EZ Amy Travillo, EZ Angela Tubbs, EZ Adrienne Balitza, EA Erica Schatz, EA

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Sigma

business & management Jennifer Jones,  $\Phi$  Jill Matthews,  $\Delta\Phi$ 

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commerce & business administration

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Alpha Psi Omega

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Delta Phi Alpha

German Michelle Bracken, ZH

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Tara Netherton, EA

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Amy Smith, ΓΥ
Nicole Adams, EH
Meagen Peden, EH
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Karen Saks, ZT

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Carrie Bauer, EH
Lisa Delaney, EH
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Phi Sigma Pi

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Phi Upsilon Omicron

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Alpha Zeta agricultural

Traci McCauley, ΔH Katy Morton, ΔH Alpha Pi Mu

industrial engineering Gwen Malone,  $\Delta\Phi$ 

Alpha Chi Sigma

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Sigma Theta Tau

nursing Amy Bailey,  $\Delta\Phi$ 

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biology Amy Peschong, AP Ryan Jennings, BΛ Courtney Judd, BΛ Karen Resendes, BΛ

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Kara Goodin, AI
Libbie Gaston, AN

Ashley Young, AN Brigid Bliss, BK Michelle Gravel, BK Amanda Jensen, BK Amy Woolard, BA Julie Harms, TY Olivia Guerra, AH Brooke Donald,  $\Delta O$ Rebekah Hopkins,  $\Delta O$ Melissa Franklin, AY Ann-Marie Deviney, EE Christi Clark, EH Robin Cline, EH Adriana Gower, EH Tera Nance, EH Randa Remer, EH

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In years past, rush was an approximately week-long event that usually took place in the autumn. After frantic preparations and several days of intense activity, the allotted quota of qualified young women would be pledged, and we would go about our business, forgetting all about rush, until the process began again the next year.

Today, rush is a year-long, continuing process on many campuses. The future of Kappa Alpha Theta is dependent on the continued success of our recruitment program. Alumnae can be supportive by writing letters of reference for young women from their communities who are attending universities where we have chapters.

Send references to a rushee's hometown Rush Reference Board Chairman (RRBC) or Area Rush Representative (ARR). If there is no RRBC or ARR, send references to the chapter at the school the rushee is attending. A letter of reference form was published in the spring issue of *The Kappa Alpha Theta Magazine*. For the names and addresses of RRBCs and ARRs, or for a copy of the reference letter form, please call 1-800-526-1870. Members may also print out a copy of the reference form from Theta's website, www.thetahq.org. The following directory is a list of college chapters, their addresses, and their deferred rush dates.

#### B/Indiana

441 N. Woodlawn Avenue Bloomington, IN 47408 November 1997

#### □ / Butler

825 West Hampton Drive Indianapolis, IN 46208 January 1998

#### I/Cornell

519 Stewart Avenue Ithaca, NY 14850 January 1998

#### Γ<sup>Δ</sup>/Ohio Wesleyan

179 West Winter Street Delaware, OH 43015 Janaury 1998

#### N/Hanover

PO Box 159 Hanover College Hanover, IN 47243 January 1998

#### П/Albion

KA⊕ - Campus Programs & Organizations Albion College Albion, MI 49224 January 1998

#### T/Northwestern

619 University Place

Evanston, IL 60201 January 1998

#### Φ/Pacific

awo

637 President's Drive Stockton, CA 95211 January 1998

#### AE/Brown

PO Box 1168 Brown University Providence, RI 02912 January 1998

#### AI/Washington-St. Louis

Women's Building Campus Box 1182 1 Brookings Drive St. Louis, MO 63130 January 1998

#### AΦ/Newcomb-Tulane

928 Broadway New Orleans, LA 70118 January 1998

#### AX/Purdue

607 Russell Street West Lafayette, IN 47906 January 1998

#### AΨ/Lawrence

307 East Lawrence Street 106 Colman HI Appleton, WI 54911 January 1998

#### BΣ/Southern Methodist

3108 University Boulevard Dallas, TX 75205 January 1998

#### **BT/Denison**

200 North Mulberry Street Granville, OH 43023 January 1998

#### ΓΓ/Rollins

1000 Holt Avenue Box 2484 Winter Park, FL 32789 February 1998

#### ΓZ/Connecticut

10 Willowbrook Road Storrs, CT 06268 January 1998

#### ΓM/Maryland

7407 Princeton Avenue College Park, MD 20740 February 1998

#### △Z/Emory

Drawer MM Emory University Atlanta, GA 30322 January 1998

#### ΔI/Puget Sound 3601 North 13th

Tacoma, WA 98406 January 1998

#### **EN/Virginia Tech**

301 - A - SPH - F Blacksburg, VA 24060 January 1998

#### EP/Lehiah

Lehigh University - Box A-062 Bethlehem, PA 18015 January 1998

#### $E\Omega$ /Washington & Jefferson

Campus Box #288 50 South Lincoln Street Washington, PA 15301 February 1998

#### ZI/Washington & Lee

PO Box 1037 Lexington, VA 24450-1037 January 1998

#### **ZO/Wake Forest**

PO Box 6858 Wake Forest University Winston-Salem, NC 27109 January 1998

#### ZT/Delaware

Greek Affairs Office 12 West Delaware Avenue Newark, DE 19716 February 1998

# Momen, Menopause, and HRG

Editor's note: This article is offered as information only. It is not intended to supplant the advice of your own health-care provider. The author, Kristen Carter, studies medicine at the UCLA School of Medicine. She is particularly interested in women's health issues.

enopause occurs before the age of 55 in 95 percent of women. The female life expectancy has increased. Therefore, a woman who reaches menopause at 50 years of age can expect to live another 30 to 35 years and thus will live almost one-third of her life after menopause. This raises concerns within the medical field regarding appropriate treatment for this growing population and has stirred an ongoing controversy over hormone replacement therapy (HRT). Although the benefits of HRT are manifold, the unresolved questions within the scientific community concerning HRT and the possible risk of breast cancer leave many women reluctant to seek treatment.

The consideration of any medical choice deserves wise deliberation and caution. In order to make the best personal decision, it is important to understand the benefits and potential risks involved. It is equally crucial to assess one's lifestyle and family medical history to determine whether one is a good or poor candidate for treatment.

By Kristen A. Carter, B三/UCLA

Today, many physicians feel that the benefits of HRT far outweigh any potential risk and recommend the treatment for all of their postmenopausal patients. Despite these recommendations, studies show that many women are still opting out of treatment. This article attempts to outline the effects of menopause, as well as the risks and benefits of HRT. It will also aid the reader in defining her own risk for osteoporosis, heart disease, and breast cancer. It is my intention to help the reader make an informed health decision by incorporating this knowledge with her own concerns and opinions and the advice of her physician.

#### WHAT ARE THE EFFECTS OF MENOPAUSE AND HOW DOES HORMONE REPLACEMENT THERAPY HELP?

At menopause, the ovaries stop producing the hormone estrogen. The resulting estrogen deficiency is responsible for many of the problems faced by postmenopausal women. HRT can make life after menopause more bearable by preventing the following symptoms often associated with menopause.

OSTEOPOROSIS. Bone demineralization is a natural process of aging. When bone density falls below a threshold level, bone fractures are almost inevitable. Bone density decreases at a rate of two percent per year in postmenopausal women compared to one-half percent per year in premenopausal women. However, if estrogen replace-

ment is initiated before or at the onset of menopause, bone density will remain at premenopausal levels, thus preventing osteoporosis.

ALTERNATIVES. Bisphosphonates (e.g., etidronate, clodronate) are now considered the primary alternative to HRT in women with postmenopausal osteoporosis. Calcium supplementation is helpful for menopausal women, but it is not nearly as effective as estrogen. Weightbearing exercise is also an important means of increasing bone density.

CARDIOVASCULAR EFFECTS. One of the more disturbing changes associated with menopause is increased total cholesterol. This increase in cholesterol places an individual at risk for heart disease. Studies indicate that women treated with estrogen replacement therapy have a lower incidence of heart attack and stroke. It is important to note that smoking reduces the beneficial effects of HRT on the heart.

ALTERNATIVES. A diet low in fat and cholesterol will reduce the risk for cardiovascular problems. Furthermore, weight loss and aerobic exercise will actually reverse previous damage to blood vessels. Smoking puts an individual at risk for countless diseases, including heart disease, and should undoubtedly be stopped.

HOT FLASHES. "Hot flashes" are usually the first sign of ovarian failure and are accompanied by changes in the length and frequency of menstruation.

They can occur several years before actual menopause. Hot flashes will resolve in three to six weeks with hormone replacement; they will usually resolve in two to three years without therapy.

**ALTERNATIVES.** There are other drugs that can be used to treat hot flashes. However, they come with their own sets of side effects and will not completely eliminate hot flashes. There is also some anecdotal evidence that women find relief from hot flashes with vitamin E.

SLEEP DISTURBANCES. One of the debilitating effects of menopause is sleep disturbance. The time required to fall asleep is longer, and the time spent sleeping is shorter. Women who suffer this side effect complain that it leads to irritability and problems with concentration. HRT relieves these problems by restoring the sleep cycle to its premenopausal state.

**ALTERNATIVES.** Relaxation techniques and camomile tea are probably the safest alternatives. There are many medications available to aid sleep disturbances, yet many are habit-forming and have adverse effects.

**UROGENITAL EFFECTS.** Reduced estrogen levels from menopause may cause increased urinary frequency and pain, susceptibility to genital infections, and vaginal dryness. These symptoms are terribly uncomfortable and can dramatically affect intimate relationships. HRT relieves these symptoms.

**EMOTIONAL EFFECTS. With** menopause, many women experience emotional changes, including depression, apathy, and tearfulness. Although scientists do not understand the mechanism, these symptoms are likely caused

by estrogen deficiency. HRT will help alleviate these changes in disposition.

**ALTERNATIVES.** These symptoms will resolve on their own as the body adjusts to the hormonal changes. When the body suddenly stops producing estrogen, it is thrown off balance. In time, it will reestablish equilibrium under the new conditions. In the meantime, daily exercise can lift the spirits.

#### HRT CAN PREVENT THESE POST-MENOPAUSAL SYMPTOMS:

Osteoporosis Cardiovascular Effects Hot Flashes Sleep Disturbances **Urogenital Effects Emotional Effects** Skin, Hair, & Nail Changes

SKIN, HAIR, AND NAIL CHANGES. With declining estrogen, skin and nails tend to become thin, and limited hair loss can occur. HRT will prevent these changes, as well.

Recent studies also suggest that estrogen decreases the risk of developing Alzheimer's and may also improve memory and cognition.

Estrogen works by interacting with specific receptors distributed throughout the body, including the brain. It will be interesting to see what the upcoming studies on this topic will uncover.

#### WHAT ABOUT NATURAL FORMS OF ESTROGEN?

There are "natural" alternatives to HRT-such as tofu (soy protein) and ginseng—that contain a plant form of estrogen. This plant form will act on the same receptors in the body as the human form of estrogen. Therefore it will have many of the beneficial effects mentioned above. However, the plant form of estrogen is much less potent than the estrogen prescribed by a doctor, and therefore the benefits will not be as complete. Furthermore, the concentration of the plant form of the hormone may vary greatly depending on the source, which means erratic dosing.

#### WHAT ABOUT THE NEGATIVE EFFECTS OF HRT?

Unfortunately, the debate surrounding HRT and an increased risk for breast cancer still remains controversial, with studies supporting both sides. However, it has been shown that progesterone administered with estrogen will help limit the

increased risk. It is also known that estrogen, when given alone, can increase the risk of endometriosis. However, it is believed to actually decrease the risk of endometriosis and colon cancer when administered with progesterone.

It is also a necessary evil that women on HRT continue to menstruate. This is unfortunate and inconvenient, but for many women it is a reasonable exchange for better health. Many women are not aware that HRT has fewer risks and side effects than oral contraceptives. (These treatments are essentially the same, except that oral contraceptives contain

a higher dose of estrogen. The higher dose is necessary to prevent ovulation and thus pregnancy.) Only physiologic doses of estrogen are used in HRT. This means that each patient's body receives the amount of estrogen that it was previously producing on its own.

#### WHO WOULD BE A GOOD CANDIDATE FOR HRT?

The ideal candidate for HRT is someone who is at an increased risk for osteoporosis and heart disease and at a lower risk for developing breast cancer. The poor candidate for HRT is someone who has little risk for osteoporosis and heart disease but has already had breast cancer or is at an extremely high risk for it. Most of us fall somewhere in between these two extremes.

When assessing her own risk, it is important for a patient to consider family medical history and lifestyle. Patients at a higher risk for developing osteoporosis may have some of all of the following characteristics: thinness, Caucasian ancestry, lack of weight-bearing exercise, and a family history of osteoporosis. Women with the highest risk for developing heart disease may have some of all of the following characteristics: family history of heart disease, high cholesterol, obesity, a poor diet, no exercise, and a history of smoking.

In making decisions about menopause treatment, patients should consider the facts about HRT and examine their personal risk factors. It is important to remember that almost all medical choices require balancing risk and benefit.

# My Life on Wild Pig Ridge

In April 1994, I lost my job very suddenly. By August 24 (my fifty-seventh birthday), I had made a serious dent in my savings by trying to maintain a lifestyle based on my former income level while I looked for another job.

Something had to change, and fast. I decided to move to some land I owned in the "boondocks." I had purchased it for my retirement or as a fallback for a rainy day. It seemed as if that rainy day had arrived! I had a major garage sale, hauled the rest of my worldly possessions into the foothills, unpacked them in a mobile home, and started what I refer to as The Squatter Years.

I live in a remote location beyond the reach of the US Postal Service or Pacific Bell. My place on Wild Pig Ridge is one acre surrounded by thousands of acres of Mendocino National Forest. It is on the eastern slope of the California Coastal Range, facing the Sierra Mountains. More than 100 stately blue oaks grow on my property, along with more varieties of wildflowers than I can count. My place has peace, serenity, and breathtaking views of natural beauty.

It also has no electricity or running water, which means lots of candles and batteries. It also means backbreaking labor, such as chopping wood and hauling water. In addition to my mobile home, I have a tiny travel trailer, which uses propane to provide heat and has a stove, a refrigerator, and a toilet. I bring five-gallon jugs of water and the propane up from the nearest town, a 50-mile trip.

This gives the term *simpler life* an all-new meaning. Survival got down to the basics of food and shelter very quickly. My first winter here was one of record-breaking storms and floods, with gale-force winds and snow. The rain started the day I unpacked the last box and lasted till the early wildflowers had bloomed and died. It was the longest and most physically demanding winter of my life.

For life's absolute essentials, I use my savings, barter whenever possible, and work at minimum-wage odd jobs that

By Patricia Anderson, BI/Colorado occasionally present themselves. Surprisingly, I found selling hot dogs at the fairgrounds more fulfilling than some of the work I did before I moved here. To manage, I practice this sage advice bequeathed to me by my parents, who survived the Great Depression. "Use it up, wear it out, make it do, do without."

My body has fallen into its own rhythms. I sleep when I am tired and eat when I am hungry. If I feel energetic, I tackle a big, demanding task. If I feel tired, I can kick back and relax. I

have accomplished amazing things in small increments. For example, I built a really beautiful driveway, one rock at a time. I cut brush one bush at a time and clear land one log at a time. After one year, visitors said my place looked like a park.

I am finally catching up on my reading. I write letters. I knit afghans for all my children and friends. I am in touch with nature more closely than I had ever imagined possible. I go for long hikes in all kinds of weather, play with the dog and cat, plant flowers, work on my magical maze. I meditate. I sleep. I sit.

I see every sunrise and every sunset,

watch the moon and stars, listen to the wind, feel the rain on my face. I have learned to read the signs of animal behavior, cloud formation, and nature's sounds and smells. I rarely look at a clock or a thermometer.

I studied Taoism and read, "Before enlightenment, haul water, chop wood. After enlightenment, haul water, chop wood." This has proven to be true. This summer, I had my sixtieth birthday. I plan to have a well dug and electricity brought in. In many ways, however, I will miss the simple life I have had for the past three years.

Kristin Yates, Gamma Epsilon/Western Ontario, is the coordinator of this column, which appears in each spring and autumn issue of The Kappa Alpha Theta Magazine. She writes:

"In addition to living the pioneer way, Patricia Anderson has created a newsletter, Vibes from the Ridge, and has a fiber craft business called Candlelight Ventures. She welcomes letters from friends old and new, as well as from Thetas interested in or already living close to nature. She can be reached at PO Box #5466, Corning, CA 96021.

"I hope you have enjoyed the first of many alumnae-at-large profiles. Theta alumnae-at-large live outside North America or in an area without an active alumnae group. This space is for them share their successes, find lost friends from college days, tell stories from their lives, or just plain toot their own horns! Please send letters, photos, etc., to Kristin Yates, c/o Kappa Alpha Theta, 8740 Founders Rd., Indianapolis, IN 46268.

"Remember that you don't have to be a congresswoman, CEO of a Fortune 500 company, a Hollywood star, or a professional athlete. You just have to be you, and tell me all about it!"

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by Cindy Haggart Marcia Howland Bond by Rebecca Reed Barker by Patricia Boynton Frey

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by Bonnie Blakely Spei Alice Grace Yordi Se

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Ann Rauschenberg David by Georgia Rauschenberg

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Elizabeth Clauss Hall by Marin County Alumnae Club Betty Howe Hamm by Margery Howe Smith Holice Haning by Nina De Vinna Haning

continued on page 36

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Eleanor Blake Kirkpatrick by Martha Foster Norris by Linda Kennedy Rosser Helena Heusgan LaFave by Gail Oliver LaFave Jean Langille Langley by Janet Clarke Horwit Kelly T. Lawrence by Kristine Kulper by Kerry Parker Burnight by Jacquelyn Gifford Welsh Marjorie Lewis by Marjorie Blake-Myers Elinor Farrell Logan by Virginia Smith by Dorothy Swisher Frels Dorothy Crates Long by Hallie Lewis Ditty Mrs. Ruby Long by Cynthia Beck Paulsen by Nicole Lampe Grace Boles Lowke by Carolyn Boles Peacher Barbara Heflin Luster by Rosalie Hawes Elam Esther Vornholt Madsen by Juliane Madsen Jane Foulkes Malone by Washington DC/Suburban MD Alumnae Chapter by Florence Helen Ashby by Sarah Cook Barney by JoAnn Woodfill Graham Mary Jane Malone by Melissa Blackburn Salmon by Chrissy K. Koon

by Patricia Renschler Beal Lucille Atkins Marquis by Eleanor Young Jenkins by Janet Leon Shuffield William P. Masterson by Buth Cutino Peery Mary Smith McCallister by Janet Trittschuh Dal Bello Lou McClain by Jenifer L. Lucas Rex McClure by Priya Rana Kapoor Marci Lynn McDonald by Blythe Whitney Wilson Christy Hedges McGeough by Suzy Hedges Heine Harriet McIntosh McIntyre by Becky Wait Stoddart Jane Bowers McKinney by Suzanne Perry Johannes Margaret Leon McManus by Janet Leon Shuffield Eunice Keller Merrill by Mildred Axtell Hensley Mary Bosier Moosmann by Glenda Rossiter Murray Patricia Ann Mulvihill by Jane Shultz Tucke Rosemary Nelson by Maegene Nelson Virginia Southgate Neumeister by Elizabeth Ayscue Katz Catherine Coleman Nixon by Jean Coleman Eten Orrel Baldwin Noble

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Elizabeth Grisdale Watkin Alberta 1935; April 1997

Hazel Dixon Seymour (Mrs. Robert) Allegheny 1934; July 1997

Beverley Bixler Thoma Allegheny 1951; August 1996

Patricia Fuller Sayre (Mrs. Arthur) Arizona 1961; June 1997

Caroline Hart Stanley Arizona 1932; April 1997

Jeanne Miller Koestner (Mrs. Paul) Beloit 1952; June 1995

Jolie Burt Soukup (Mrs. Donald) Colorado College 1957; May 1997

Patricia Pitzer Cornell 1955; May 1997

Louise Robinson Thomas (Mrs. Austin) DePauw 1916; November 1996

Sylvia Stoll Heindel (Mrs. N. Hadley) Florida State 1948; May 1997

Gabrielle Hull Gruber (Mrs. Willim) Goucher 1940; June 1997

Anastasia Cobb Kerr (Mrs. Henry) Idaho 1939; March 1997

Aleta Greene Smith (Mrs. Bertram) Idaho 1921: October 1996

Margaret Baker Crawford (Mrs. R. B.)

Illinois 1943; January 1997

Leota Miller Goldie (Mrs. Eugene) Illinois 1927; April 1997

Esther Vornholt Madsen (Mrs. Irvin) Iowa State 1956; June 1997

Judith Tiderman Kane Kansas 1955; February 1996

Pauline Strandberg Leonard Kansas 1934; June 1996

Jane Wood Guy (Mrs. Gene) Lawrence 1935; June 1997

Virginia Henderson Sheridan (Mrs. Alexander) Minnesota 1935; June 1996

Elizabeth Strange Minnesota 1926; July 1997

Genevieve Ruth Byrne Missouri 1935; June 1997

Jean Fritz Robinson (Mrs. Robert) Montana 1936; May 1997

Inabelle Jarvis Hansen (Mrs. Dale) Nevada 1938; April 1997

Helena Heusgan LaFave (Mrs. Edward) North Dakota 1919; January 1997

Jane Davis Chapman (Mrs. K. Wade) Northwestern 1933; February 1997

Katharine Faulder Colby (Mrs. Guy) Ohio State 1935; September 1995

Mabel Greene Hopple (Mrs. Henry) Ohio State 1940; February 1997

Josephine Cole Linville (Mrs.

(Mrs. Paul) Oklahoma 1915; May 1997

Eleanor Blake Kirkpatrick (Mrs. John) Oklahoma 1928; May 1997

Helen Kerr Sherlock (Mrs. Robert) Oregon 1940; May 1996

Mary Jones Butler (Mrs. Edward) Pennsylvania 1929; May 1997

Mae Elizabeth Harveson Pennsylvania 1919; April 1997

Eunice Dorner Noyes (Mrs. William) Purdue 1923; March 1997

Nancy Oldham Cooney (Mrs. John) Randolph-Macon Woman's C. 1925; January 1997

Ruth Frary M.D. (Mrs. Jerome) South Dakota 1932; June 1997

Deborah Sudderth Crook (Mrs. Donald) Southern Methodist 1978; May 1997

Mona Dutton Elvin (Mrs. Herbert) Stanford 1928; May 1997

Mary Elizabeth Burke Fowler (Mrs. John) Stanford 1934; May 1997

Dorothy Fraser Crumb (Mrs. Syracuse 1923; March 1997

Helen Faus DiYeso (Mrs. Salvatore) Syracuse 1939; May 1997 Ohio Wesleyan 1926; July 1997 Joan Sessions Sieling (Mrs. Thomas) Margaret Archdeacon Darrough Texas 1947; June 1997

> Ruth Spikes Williamson Texas Tech 1953; April 1997

Ellison Gerhardy U C Davis 1994; July 1997

> Helen Hull Jacobs UC Berkeley 1929; June 1997

Evelyn Selfridge Merrill (Mrs. William) UC Berkeley 1924; March 1997

Marion Meredith Reese (Mrs. Howard) UC Berkeley 1935; May 1997

Jean Hay Neel (Mrs. Samuel) UC Los Angeles 1925; May 1997

Sarah Camille Farris Vanderbilt 1950; May 1997

Milbrey Wright Mackle (Mrs. Elliott) Vanderbilt 1934; June 1997

Martha Billington Trabue (Mrs. Thomas) Vanderbilt 1933; May 1997

Joan Jenkins Zwick Vermont 1947; May 1997

Laura McFadden Gray (Mrs. Washburn 1933; May 1997

\*Dates represent year of initiation and month and year of death.

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# NIC/NPC Research Initiative Study Reveals Greeks Contribute Positively to Community Involvement

study conducted by the Center for Advanced Social Research at the University of Missouri showed that men and women who join fraternities and sororities while in college are more likely to be active in civic affairs during adulthood. This involvement is referred to as social capital, a term often applied as a measure of social participation. For example, the survey revealed that Greek-affiliated men and women are significantly more active in their religious and neighborhood organizations and show stronger financial support for nonprofit organizations than do non-Greek alumni.

To impartially assess the impact of fraternity and sorority membership on college and university graduates, the Research Initiative included the surveying of more than 2,200 Greek and non-Greek alumni from 10 schools across the United States. Half of the pool of alumni were non-Greek affiliated; one-quarter were sorority members, and one quarter were fraterni-

ty members. The target years were 1965, 1975, 1985, 1990, and 1994.

The survey was jointly commissioned by the National Panhellenic Conference, which represents 26 women's groups, and the National Interfraternity Conference, which represents 63 men's groups.

The long-term goal of the Research Initiative Committee is to answer questions that will be raised from this study. The Research Initiative is the first comprehensive study that has been done about Greek-affiliated alumni, and the results have shown that fraternities and sororities are continuing to positively impact the lives of members in college and after graduation.

The year-long study was conducted by Dr. Esther Thorson, director of the Center for Advanced Social Research. The nationally known center has conducted studies for many groups, from state highway departments to nationwide medical organizations. The study has a margin of error of plus or minus five percent.

# Other findings in the research:

- ★ Greek-affiliated students are more likely to participate in extracurricular activities than non-Greek students.
- ★ Greek-affiliated women were more satisfied with the social and cultural aspects of their college experience than were non-Greek alumni.
- ★ Greek-affiliated alumni said there was a greater match between what they studied in college and their first job, when compared with non-affiliated alumni.
- ★ Greek-affiliated women and non-Greeks were more satisfied with their college academic performance than Greek-affiliated men. Greek-affiliated women were very satisfied with the relationship they had with faculty, counselors, and university administrators.
- ★ Membership in a fraternity or sorority helped boost university recruitment at one's alma mater. Children of Greek-affiliated alumnae were apt to choose their parents' institution.

appa Alpha Theta is pleased to introduce the 1997-98 Educational Leadership Consultants (ELCs). These recent graduates will offer support, guidance, and new ideas to college chapter members, advisory and facility corporation boards, and campus administrators. They will also focus on educating chapters on Fraternity programming and policies, as well as current issues facing today's college women.

Theta's ELCs bring to their positions a wealth of past experiences. They also receive extensive training in the workings of Kappa Alpha Theta

and the Greek community.

During the 1997-98 academic year, Kelly Welch will be based at the Zeta Phi Chapter at Pepperdine. Jodi Verdicchio will be based at the Zeta Chi Chapter at Johns Hopkins, and Stephenie Hopkins will assist with the Zeta Eta Chapter at Wofford and our chapters in South Carolina. The other seven ELCs will travel across the US and Canada; each will visit as many as 30 chapters during her one-year tenure.

#### Nicole Estrin

ZP/UC San Diego

HOMETOWN: Stevenson Ranch, Calif.

MAJOR: Political Science

THETA INVOLVEMENT: charter member of Zeta Rho, vice-president public relations, Panhellenic delegate, member education chairman

**ACTIVITIES & HONORS:** Panhellenic Board of Directors, member of the PEGIS Foundation, Adopt-a-School volunteer, Order of Omega

#### Danielle Foland

AX/Purdue

HOMETOWN: Kokomo, Ind.

MAJOR: Communications/Interpersonal

Relations

THETA INVOLVEMENT: Panhellenic delegate, Foundation scholarship, Standards Committee. Ritual Committee

**ACTIVITIES & HONORS:** Panhellenic Executive Board, Red Cross volunteer, Skull and Crescent Society, Golden Key, Golden Gavel

#### Stephenie Hopkins

ZA/College of Charleston HOMETOWN: Simpsonville, SC

MAJOR: History

THETA INVOLVEMENT: 1996-97 ELC, vice-president development, Panhellenic delegate, nominating committee

HONORS & ACTIVITIES: Panhellenic Council president, Honor Board, College Activities Board, Rho Lambda, Order of Omega



# 1997-98 Educational Leadership Consultants

Front: Stephenie Hopkins, Jodi Verdicchio, Stephanie Yavorsky, Shelby Thompson; back: Amy Logan, Danielle Foland, Megan Young, Tracy Keller, Nicole Estrin. Not pictured: Kelly Welch.

## Tracy Keller ES/UC livine

HOMETOWN: Garden Grove, Calif.

Major: Psychology

THETA INVOLVEMENT: president, vice-president administration, Standards Committee,

Philanthropy Committee

**ACTIVITIES & AWARDS:** Tutor and notetaker for disabled students services, teacher's aide, Golden Key, Order of Omega

### Amy Logan BZ/Oklanoma State

HOMETOWN: Piedmont, Okla.

MAJOR: Public Relations/Journalism THETA INVOLVEMENT: vice-president public relations, Panhellenic delegate, membership selection chairman, rush chairman

ACTIVITIES & HONORS: Student Alumni Board,

Arts and Sciences Student Council, CASA volunteer, Mortar Board, Golden Key, Order of Omega

# Shelby Thompson A/DePauw

HOMETOWN: Paris, Ky. MAJOR: Communications

THETA INVOLVEMENT: new member educator. member development committee, nominat-

ing committee, rush committee

**ACTIVITIES & HONORS:** DePauw Student Abroad Program, student newspaper sports editor, student television board member, Lexington Habitat for Humanity Project

#### Iodí Verdicchio

ΔΘ/Florida

HOMETOWN: Gainesville, Fla. Major: Telecommunication

THETA INVOLVEMENT: 1996-97 ELC, new

member educator, Scholarship Achievement

HONORS & ACTIVITIES: Student Alumni Association, Alpha Lambda Delta, Phi Eta Sigma, Golden Key, volunteer at hospital newborn nursery and a radio reading service

# Kelly Welch EX/UC Irvine

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HOMETOWN: La Jolla, Calif. MAJOR: Social Ecology

THETA INVOLVEMENT: 1996-97 ELC, vice-president development, member development committee, assistant member educator ACTIVITIES & HONORS: "Semester at Sea" par-

ticipant, Student/Parent Orientation Program counselor, volunteer with MADD and Greeks Against Sexual Assault, Order of Omega

#### Stephanie Yavorsky

ΓΣ/San Diego State

HOMETOWN: El Cajon, Calif. MAJOR: Social Science

THETA INVOLVEMENT: president, vice-president administration, rush chairman, ritualist

ACTIVITIES & HONORS: Panhellenic delegate. Paradosis, Sigma Alpha Phi, College

Republicans

## Megan Young BO/lowa

Hometown: Waukee, Iowa

Major: Finance

THETA INVOLVEMENT: vice-president finance, vice-president administration, Panhellenic committee

**ACTIVITIES & HONORS:** Student Alumni Association, Hospice Road Races, All-Greek Blood Drive, Adopt a Grandparent



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"I never dreamed that my Theta experience would be so long-lasting and so important to me!"

"We all know that Theta creates many opportunities and experiences."

"That kind of friendship, that kind of bond, doesn't fade, and I think that's what Theta is really all about."

Theta for a lifetime means a lifetime of sisterhood. It means dozens of lasting friendships and hundreds of opportunities to benefit yourself, college chapters in your area, and others in your community.

The things that drew you to Theta in the first place—

loving, caring friends and the support they provide in good times and in bad—are still available to you as an alumna. All you need to do is link up with an alumnae chapter or club! Simply call or E-mail Fraternity Headquarters to learn more about alumnae groups in your area or to request information about starting a group.

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